

Big Enough

拍數: 72 牆數: 2 級數: Advanced
編舞者: Ian Dunn (AUS)
音樂: Big Enough - Charles Alan Rowe



FORWARD, BEHIND, FORWARD, CROSS, FORWARD, BRUSH, SIDE, BEHIND, SIDE, CROSS, SIDE, BRUSH

- 1-2&3&4 (Traveling left diagonally) left foot forward, drag right foot and step behind left, left foot forward, right foot cross, left foot forward, brush right foot behind left
- 5-6&7&8 Right foot to right, drag left foot and step behind right, right foot to right, left foot cross, right foot to right, brush left foot across right

SIDE, BEHIND ¼, SIDE, PIVOT ¾, CROSS, BALL JACK, SIDE, CROSS ½, HOLD

- 1-2&3&4 Left foot to left, drag right foot and step behind left, left foot to left, ¼ turn left, right foot forward, pivot ½ left, pivot ¼ left, right foot to right side
- 5&6& Cross left foot over right, right foot back diagonally right, left heel forward diagonally left, replace weight onto left
- 7&8 Cross right foot over left, left foot to left turning ½ right brushing right foot across, hold

LOCK STEPS, LOCK SHUFFLE, ROCK FORWARD, RETURN, SHUFFLE TURN ¾

- 1-2-3&4 Right foot forward, lock left foot behind, right foot forward, lock left foot behind, right foot forward
- 5-6-7&8 Rock step left foot forward, return, shuffle turn ¾ left stepping left-right-left

RIGHT SIDE, CLAP, TOGETHER, RIGHT SIDE, CLAP, TURNING SAILOR ½, 1 ½

- 1-2&3-4 Right foot to right, hold & clap, left foot beside right, right foot to right, hold & clap
- 5&6-7-8 Left foot behind, right foot to right, left foot beside right, turn 1 ½ right stepping right-left

Restart here on wall 3 adding

- & Right foot forward
before restarting

RIGHT FORWARD, SCUFF, HEEL FORWARD, LEFT & TAP, BACK RIGHT, LEFT, RIGHT, KICK, BACK LEFT, RIGHT, LEFT KICK

- 1-2& Right foot forward, scuff left foot, kick forward diagonally left, raise right heel & tap heels together
- 3 Dropping right heel and place left heel diagonally left
- &4 Step left toe down taking weight on left, tap right toe beside left
- 5&6-7&8 Run back right-left-right & kick left foot forward, run back left-right-left & kick right foot forward

ROCK, RETURN, SIDE, ROCK, RETURN, SIDE, KNEES RIGHT, LEFT, RIGHT ¼

- 1&2 Rock step right foot behind left, replace weight onto left, right foot to right
- 3&4 Rock step left foot behind right, replace weight onto right foot, left foot to left
- 5&6 Sway knees to right & forward (lift heels), center, left & forward, (drop & lift heels)
- &7-8 Center, right & forward (lift heels) ¼ turn pivot right, drop heels

HEEL BALL, STEP ¾ RIGHT, LEFT HEEL BALL, STEP ½ RIGHT

- 1&2-3&4 Left heel forward, left foot back, right foot forward, step left foot forward, ½ right stepping right foot forward, ¼ right stepping left beside right

To end the dance, add an extra ½ turn right stepping right to right

- 5&6-7& Right heel forward, right foot back, left foot forward, hook right foot behind left ankle, ½ turn on ball of left
- 8& Rock back on right foot, return weight to left foot

TOUCH RIGHT, LEFT, ROCK BACK, FORWARD, SCUFF HITCH, HEEL, ½, ½, ½ RIGHT, LEFT, RIGHT

- 1&2 Touch right foot beside left, touch right toe to right, step right foot to center touching left toe to left
- & Left foot back placing right heel forward, step right foot center
- 3&4 Left foot forward, scuff hitch right foot, right heel forward
- 5-6-7&8 Weight to right foot turning ½ left, left foot back ½ left, step forward right foot turning ½ left, left foot back, right foot forward

TOUCH RIGHT, LEFT, ROCK BACK, FORWARD, SCUFF HITCH, HEEL, ½, ½, SHUFFLE FORWARD

- 1&2 Left foot forward, touch right foot beside left, touch right toe to right
- &3& Step right foot to center touching left toe to left, left foot back placing right heel forward, step right foot to center
- 4& Left foot forward, scuff hitch right foot, right heel forward, weight to right foot turning ½ left
- 5-6-7&8& Left foot back ½ left, step forward right foot turning ½ left, shuffle forward right-left-right

REPEAT

RESTART

Restart on wall 3 after dancing 32 beats
