

Big Doggin' Around

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數:
編舞者: Brian Merritt
音樂: Big Doggin' Around - Neal McCoy



STEP, TOUCH, STEP TOUCH

- 1 Step left on left foot
- 2 Touch right foot beside left foot
- 3 Step right on right foot
- 4 Touch left foot beside right foot

ROCK STEPS WITH ARM CIRCLE & EXTENSION

- 5 Rock forward on left foot
Hand/arm position: As you step forward, both forearms come slightly forward (but not above waist area) with each Hand making a fist; using both arms (straight & with elbows somewhat locked, Hands down) move arms/Hands back as if trying to push body forward, as both Heels come up off floor approximately 2" to 4".

- 6 Rock back onto left foot

Hand/arm position: As you begin rock movement, arms still in somewhat locked position, swing both arms forward & up & circle arms around each ear (elbows now bent).

- 7 Rock back on left foot

Hand/arm position: As soon as the Left Foot touches the floor, quickly push both Hands forward, palms out, at chest level, fingers pointing up toward ceiling (hold this Hand position for next step).

- 8 Rock forward onto right foot

NOTE: Hand/arm position: Arms still extended forward, palms of Hands forward, fingers pointing up toward ceiling.

SHUFFLE, STEP, PIVOT ½

Hand/arm position: Hands go back to waist to waist area in C/W position.

- 9&10 Shuffle forward left, right, left
- 11 Step forward on right foot
- 12 Pivot ½ left, ending with weight on left foot

SHUFFLE, STEP, PIVOT ½

- 13&14 Shuffle forward on right, left, right
- 15 Step forward on left foot
- 16 Pivot ½ right, ending with weight on right foot

DIAGONAL STEP/TOUCHES WITH SNAPS

- 17 Step forward-left on left foot
- 18 Touch right toe beside left foot and snap fingers
- 19 Step forward-right on right foot
- 20 Touch left toe beside right foot and snap fingers
- 21 Step forward-left on left foot
- 22 Touch right toe beside left foot and snap fingers
- 23 Step forward-right on right foot
- 24 Touch left toe beside right foot and snap fingers

SWEEP, PIVOT ½, HOLD

When doing a sweep, the Left Toe/Ball stays in contact lightly with the floor the entire movement

- 25 Sweep left toe slightly forward, then into circle left, then start to circle behind
- 26 Continue sweep and pivot ½ left on right foot
- 27 Continue sweep, and touching left foot beside right foot

SHUFFLE FORWARD, STEP, PIVOT ½

- 29&30 Shuffle forward left, right, left
 31 Step forward on right foot
 32 Pivot ½ left ending with weight on left foot

ROCK MOVEMENTS

- 33 Rock forward onto toes of both feet raising heels
Hand/arm position: Swing both arms (straight & with elbows somewhat locked, Hands down) back, as if trying to push body forward, as both Heels come off floor.
 34 Rock back onto heels of both feet raising toes
Hand/arm position: Swing both arms (straight & with elbows somewhat locked, Hands down) forward, to approximately waist level
 35 Rock forward onto toes of both feet raising heels
Hand/arm position: Swing both arms (straight & with elbows somewhat locked, Hands down) back, as if trying to push body forward, as both Heels come off of floor.
 36 Rock back onto heels of both feet raising toes
Hand/arm position: Swing both arms (straight & with elbows somewhat locked, Hands down) forward, to approximately waist level

SAILOR SHUFFLES

Hand/arm position: Hands go back to waist area in C/W position

- 37&38 Cross left foot behind right foot, quickly step right on right foot, step forward-left on left foot
 39&40 Cross right foot behind left foot, quickly step left on left foot, step forward-right on right foot

DIAGONAL CROUCH WITH SHOULDER & HEEL LIFTS

- 41 Step forward on left foot into a diagonal right crouch position
Hands/arms position: After you crouch down in step #41, place a Hand on the top of each upper leg, palms down with thumbs on the inside of each leg & fingers to the outside of each leg, elbows out
Do not lift Hands off of legs during the next 5 steps
 & Still in crouch position, lift shoulders as you rock forward onto toes
 42 Still in crouch position, set both heels down on floor as you lower shoulders
 43 Still in crouch position, lift right foot slightly and pivot diagonal left
 & Still in crouch position, lift shoulders as you rock forward onto toes
 44 Still in crouch position, set both heels down on floor as you lower shoulders

BACKWARD SCOOT/TOUCHES, JUMP/TURN ½

- 45 Scoot back on right foot as you straighten body and hitch left
 & Touch left toe back
 46 Scoot back on right foot and hitch left
 & Touch left toe back
 47 Scoot back on right foot and hitch left
 & Touch left toe back
 48 Jump into ½ turn left, landing on both feet

REPEAT