

Big Change

拍數: 64 牆數: 0 級數:
編舞者: Chris Watson (AUS)
音樂: Come Next Monday - Lyn McKenzie



- 1-2-3&4 Rock right to right side, weight back onto left, right cross shuffle over left
5-6-7&8 Rock left to left side, weight back onto right, left cross shuffle over right
- 1-4 Rock right to right side, weight back onto left, cross right over left, hold
5-8 Rock left to left side, weight back onto right, cross left over right, hold
- 1&2&3-4 Right heel 45, left heel 45, right heel 45, right heel 45
&5&6&7-8 Left heel 45, right heel 45, left heel 45, left heel 45
- &1-4 Take weight onto left, right toe strut across in front of left, left toe strut to left side
5-8 Right box step with a ¼ turn to the right, taking weight onto left foot
- 1-4 Step right to right side pushing hips right, left, right, left
5-8 Cross right foot in front of left, step left to left side, step right behind left and left to left side
- 1-2-3&4 Step right to right side, drag left towards right, step left behind right, right to right side and left in front of right
5-8 Step right to right side pushing hips right, left, right, left
- 1&2-3&4 Kick right foot across in front of left, ball change, kick right foot in front of left, ball change (kick cross ball change)
5-8 Step right foot forward pivot ½ turn via left taking weight onto left, repeat
- 1-2&3-4 Rock right to right side, rock weight back onto left, step right back and left across in front of right, hold
5-6&7-8 Repeat rock right to right side, rock weight back onto left, step right back and left across in front of right, hold

REPEAT

RESTART

On the 2nd wall, dance 16 beats then restart

TAG

Starting on the 4th wall, at the end of every wall to the end of the dance, add:

- 1-4 Do hip bumps left, right, left, right