

Big Blue Note

拍數: 32 牆數: 4 級數: Improver
編舞者: Hulda Rós Ingibergsdóttir
音樂: Big Blue Note - Toby Keith



2X SIDE SHUFFLE, ROCK AND RECOVER

1&2 Step right to right side, step left beside right step right to the right side
3-4 Rock back onto left, recover on right
5&6 Step left to the left side, step right beside left step left to the left side
7-8 Rock back onto right, recover on left

TOE AND HIP ¼ TURN 2X, HEEL 3X, HOOK

9&10 Step forward onto right toes (use balls of feet), turn ¼ turn left and rock onto left at the same time
11&12 Repeat step 1&2
13 Touch right heel forward
&14 Step right beside left, touch left heel forward
&15 Step left beside right, touch right heel forward
16 Hook the right foot in front of the left

SHUFFLE, SPOT TURN ½, SHUFFLE ¼, ROCK

17&18 Step forward on right, close left beside right, step forward on right
19-20 Step forward on left, ½ turn right, step forward on right
21&22 Step forward on left turning ¼ right, close right beside left, step left to left side
23-24 Rock back onto right, recover on left

SHUFFLE, ROCK, SPOT TURN, COASTER STEP

25&26 Step right to right side, step left beside right step right to the right side
27-28 Rock back onto left, recover on right
29-30 Step forward on left, ½ turn right, step forward on right (helps leaving left toe behind right)
31&32 Step back left, step right beside left, step forward left

REPEAT
