Big Band Boogie

級數: Beginner



拍數: 40

編舞者: Doug Miranda (USA)

音樂: In the Mood - Glenn Miller

BOX STEP

- 1-4 Step left foot forward, touch right toe next to left, step right foot to right, step left foot next to right
- 5-8 Step right foot back, touch left toe next to right, step left foot to left, step right foot next to left9-16 Repeat 1-8

FORWARD STEP TOUCH & CLAP (4X)

- 17-18 Step left foot forward diagonal to left, touch right foot next to left and clap
- 19-20 Step right foot forward diagonal to right, touch left foot next to right and clap
- 21-22 Step left foot forward diagonal to left, touch right foot next to left and clap
- 23-24 Step right foot forward diagonal to right, touch left foot next to right and clap

WALK BACK WITH ATTITUDE LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT FOR 8 COUNTS 25-32 Step back left, right, left, right, left, right, left, right

Point index fingers in the air as you travel back, twist your hips and try swiveling back on the balls of your feet

THREE ¼ PIVOTS STOMP LEFT FOOT TWICE

- 33-34 Step left foot forward turning ¼ turn to right (weight to right foot) (should be facing 3:00 wall)
- 35-36 Step left foot forward turning ¹/₄ turn to right (weight to right foot) (should be facing 6:00 wall)
- 37-38 Step left foot forward turning ¹/₄ turn to right (weight to right foot) (should be facing 9:00 wall)
- 39-40 Up-stomp left foot 2 times in place

REPEAT

牆數:4