

The Big A

拍數: 32 牆數: 2 級數:
編舞者: Cindy Truelove (AUS)
音樂: If My Heart Had An A-- - James T. Horn



SWIVEL, STRUTS FORWARD

- 1& Step right toes forward with heels of both feet off floor and swiveled in, swivel both heels out dropping heel of right foot and shifting weight to right
2& Step left toes forward with heels of both feet off floor and swiveled in, swivel both heels out dropping heel of left foot and shifting weight to left
3& Repeat 1&
4& Repeat 2&

KICK-BALL CHANGE STEP TWICE

- 1&2& Kick right forward, step ball of right to side, change weight to left at center, step right to center
3&4& Kick left forward, step ball of left to side, change weight to right at center, step left to center
To add style to the above 4 counts swivel heels out to right on the first & count and straighten on right, swivel heels left on third & count and straighten on 4

TRAVELING SWIVEL TO RIGHT, HOLD, REPEAT TO LEFT

- 1&2& Swivel both heels right, swivel toes right, swivel heels right, hold & clap
3&4& Swivel both heels left, swivel toes left, swivel heels to center, hold & clap
Traveling applejacks may be used for a variation above

KICK, STEP, KICK, STEP, KICK, COASTER

- 1&2& Kick right forward, step right back, kick left forward, step left back
3&4& Kick right forward, step right back, step left beside right, step right slightly forward

EXTENDED VINE LEFT

- 1&2&3&4 Vine left stepping left side, right behind, left side, right behind, left side, right behind. Left side
& Stomp right (no weight) beside left

KICK, KICK, ROCK/STEP, RIGHT TOE STRUT, LEFT TOE STRUT

- 1&2& Kick right forward twice, rock back on right, return weight to left at center
3&4& Place right toes forward, drop right heel, place left toes forward, drop left heel

EXTENDED VINE RIGHT

- 1&2&3&4 Vine right stepping right side, left behind, right side, left behind, right side, left behind, right side
& Stomp left (no weight) beside right

KICK, KICK, ROCK/STEP, LEFT TOE STRUT, ½ PIVOT TURN LEFT

- 1&2& Kick left forward twice, rock back on left, return weight to right at center
3&4& Place left toes forward, drop left heel, step right forward, pivot turn ½ left

REPEAT