

Bidness

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Blevins (USA)
音樂: The Business Of Love - Domino



- 1 Step right foot diagonally left across and in front of left foot bending right knee into a slightly lowered position
 - 2 Straighten right knee while pushing hips back bringing left foot mid-calf of right leg and rotating to right just beyond center
 - 3-4 Repeat 1-2 opposite
 - 5-6 Cross body rock right foot in front of left foot, recover to left foot
 - 7 Make $\frac{1}{2}$ turn to the right, stepping forward on right foot (6:00)
 - & Step left foot to right foot
 - 8 Make $\frac{1}{4}$ turn right, stepping with right foot

 - & Step left foot to right foot
 - 1 Make $\frac{1}{4}$ turn right, stepping with right foot (12:00)
 - 2 Make a $\frac{1}{2}$ turn right (to the right), stepping back on left foot (6:00)
 - 3&4 Right lead coaster step
 - 5 Make a $\frac{1}{4}$ turn to the right, stepping side left with left foot
 - & Make a $\frac{1}{2}$ turn to the right, stepping side right with right foot

 - 6 Step left foot across and in front of right foot landing with both knees bent (3:00)
 - 7 Rise up on toes while stepping right foot to right side (feet are shoulder width apart knees are straight and you are standing on toes)
 - 8 Step left foot across and in front of right foot, landing with both knees bent
 - 1-2 Press right foot to right side (slightly up on toes), recover to left foot
 - 3 Step right foot behind left foot
- Optional hand motions:**
- 6 Put left arm out to left side and right arm across body toward left side with hands bent at wrist and pointing up
 - 7 Hands go down
 - 8 Hands go up
 - 1-2 Hands go down, up
 - 3 Hands and arms return to a neutral position
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- &4 Step side left with left foot, touch right foot forward
 - 5-6 Pivot $\frac{1}{2}$ turn to the left, rock (step) forward on right foot
 - 7-8 Recover to left foot, make $\frac{1}{2}$ turn to the right, stepping forward on right foot (3:00)
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- 1 Make $\frac{1}{2}$ turn to the right, pointing left toe to left side hitting the break (9:00)
 - 2 Hold
 - 3-7 Do something that fits the music and expresses your personality
 - 8 Step left foot next to right foot

REPEAT

RESTART

After completing 3 walls of the dance you will do the first 16 counts of wall 4 and then restart from the beginning. When you restart you will be facing the back wall from where you started wall 1.