Bidness

拍數: 32   牆數: 4   級數: Intermediate

編舞者: Scott Blevins (USA)

音樂: The Business Of Love - Domino

1	Step right foot diagonally left across and in front of left foot bending right knee into a slightly lowered position
2	Straighten right knee while pushing hips back bringing left foot mid-calf of right leg and rotating to right just beyond center
3-4	Repeat 1-2 opposite
5-6	Cross body rock right foot in front of left foot, recover to left foot
7	Make ½ turn to the right, stepping forward on right foot (6:00)
&	Step left foot to right foot
8	Make ¼ turn right, stepping with right foot
&	Step left foot to right foot
1	Make ¼ turn right, stepping with right foot (12:00)
2	Make a ½ turn right (to the right), stepping back on left foot (6:00)
3&4	Right lead coaster step
5	Make a ¼ turn to the right, stepping side left with left foot
&	Make a ½ turn to the right, stepping side right with right foot
6	Step left foot across and in front of right foot landing with both knees bent (3:00)
7	Rise up on toes while stepping right foot to right side (feet are shoulder width apart knees are straight and you are standing on toes)
8	Step left foot across and in front of right foot, landing with both knees bent
1-2	Press right foot to right side (slightly up on toes), recover to left foot
3	Step right foot behind left foot

Optional hand motions:

6	Put left arm out to left side and right arm across body toward left side with hands bent at wrist and pointing up
7	Hands go down
8	Hands go up
1-2	Hands go down, up
3	Hands and arms return to a neutral position
&4	Step side left with left foot, touch right foot forward
5-6	Pivot ½ turn to the left, rock (step) forward on right foot
7-8	Recover to left foot, make ½ turn to the right, stepping forward on right foot (3:00)
1	Make ½ turn to the right, pointing left toe to left side hitting the break (9:00)
2	Hold
3-7	Do something that fits the music and expresses your personality
8	Step left foot next to right foot

REPEAT

RESTART

After completing 3 walls of the dance you will do the first 16 counts of wall 4 and then restart from the beginning. When you restart you will be facing the back wall from where you started wall 1.