

Bidi Bidi Bom Bom

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kim Ray (UK)
音樂: Bidi Bidi Bom Bom - Selena



LEFT SHUFFLE FORWARD & TOUCH, SIDE STEPS & TOUCHES, CHASSIS RIGHT & TOUCH, SIDE STEPS & TOUCHES

1&2& Shuffle forward stepping left, right left; touch right next to left
3&4& Step right to right side, touch left next to right, step left to left side, touch right next to left
5&6& Step right to right side, step left next to right, step right to right side, touch left next to right
7&8& Step left to left side, touch right next to left, step right to right side, touch left next to right

CHASSIS LEFT WITH ¼ TURN LEFT, ½ PIVOT LEFT, BACK LOCK STEPS, COASTER STEP FLICK

9&10 Step left to left side, step right next to left, ¼ left stepping forward on left
11&12 Step forward on right, ½ pivot turn left, step forward on right
13&14& Step back on left, cross right over left, step back on left, cross right over left (facing left diagonal)
15&16& (Straightening up) step back on left, step right next to left, step forward on left, flick right heel up and back

RIGHT SHUFFLE FORWARD, SIDE ROCK & CROSS STEPS, ½ TURN RIGHT WITH SIDE TOUCH FLICK

17&18 Shuffle forward, stepping right, left, right
19&20 Rock side left, recover on right, cross left over right
21&22 Rock side right, recover on left, cross right over left
23&24& ¼ turn right stepping left in place, ¼ turn right stepping right next to left, touch left toe to left side, flick left up and back

LEFT SHUFFLE FORWARD, ½ PIVOT TURN LEFT, COASTER STEP, HIPS BUMPS & HITCH

25&26 Shuffle forward stepping left, right, left
27&28 Step forward on right, ½ pivot turn left, step forward on right
29&30 Step back on left, step back on right, step forward on left
31&32& Taking weight on right bump hips back, forward, back, hitch left knee slightly

REPEAT
