

The Bicycle Dance

COPPER **NOB**
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Judy Rodgers (USA)
音樂: Les bicyclettes de Belsize - Engelbert Humperdinck



FORWARD MOVING TWINKLES DIAGONAL, LEFT & RIGHT

1-3 Step left foot diagonal across right foot, step right to right side, step left beside
4-6 Step right foot diagonal across left foot, step left to left side, step right beside

STEP TURNING ½ LEFT, BASIC WALTZ STEP BACK

1-3 Step forward on left, starting ½ turn to left, step right back completing turn, step left beside
 right
4-6 Step back on right, step left beside right, step right in place

STEP LEFT ACROSS RIGHT, TOUCH, HOLD, REPEAT WITH RIGHT FOOT

1-3 Step left foot diagonal across right foot, touch right toe out to right side, hold
4-6 Step right foot diagonal across left foot, touch left toe out to left side, hold

WEAVE RIGHT WITH CROSS ROCK

1-3 Step left across right, step right to right, step left behind right
4-6 Step right to right side, rock left across right, recover on right foot

WEAVE LEFT WITH ¼ TURN LEFT

1-3 Step left to left side, step right across left, step left to left side
4-6 Step right behind left, step left turning ¼ left, step right forward

BOX STEPS WITH ¼ TURN (FORWARD, RIGHT, TOGETHER, BACK, TURN, TOGETHER)

1-3 Step left forward, step right to right, step left beside right
4-6 Step right back, step left to left side turning ¼ turn to left, step right beside left

BOX STEPS WITH ¼ TURN (FORWARD, RIGHT, TOGETHER, BACK, TURN, TOGETHER)

1-4 Step left forward, step right to right, step left beside right
4-6 Step right back, step left to left side turning ¼ turn to left, step right beside left

TURNING WALTZ STEP, CROSS RIGHT, POINT, HOLD

1-3 Step forward on left, step forward on right turning ¼ to left, step on left foot
4-6 Cross right over left, point left toe to left side, hold

REPEAT
