

Beyond The Sea

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Karen Hadley (UK)
音樂: Beyond The Sea - Will Young



SIDE TOE STRUT, CROSS TOE STRUT, SIDE ROCK, CROSS, HOLD

- 1-2 Step right toe to right side, drop right heel down (swing arms to right - click)
- 3-4 Cross step left toe over right, drop left heel down (swing arms to left - click)
- 5-6 Rock right out to right side, rock onto left in place
- 7-8 Cross step right over left, hold

GRAPEVINE LEFT (5 STEP), HOLD, BACK ROCK

- 9-10 Step left to left side, cross step right behind left
- 11-12 Step left to left side, cross step right over left
- 13-14 Step left to left side, hold
- 15-16 Cross rock right behind left, rock forward onto left

SIDE, HOLD, CROSS, SIDE, KICK, SIDE, CROSS, ¼ TURN RIGHT

- 17-18 Step right to right, hold
- 19-20 Cross step left over right, step right to right side
- 21-22 Kick left forward to left diagonal, step left to left side
- 23-24 Cross step right over left, ¼ turn right, step back on left

MAMBO BACK ROCK, STEP-LOCK-STEP FORWARD

- 25-26 Rock back on right, rock forward onto left
- 27-28 Step forward on right, hold
- 29-30 Step forward on left, lock step right behind left
- 31-32 Step forward on left, hold

MAMBO FORWARD ROCK ½ TURN RIGHT, FULL TURN TOE STRUTS (WITH CLICKS)

- 33-34 Rock forward on right, rock back onto left
- 35-36 On ball of left pivot ½ turn right, step forward on right, hold
- 37-38 On ball of right pivot ½ turn right, step back on left toe, drop left heel down (clicking fingers to shoulder height)
- 39-40 On ball of left pivot ½ turn right, step forward on right toe, drop right heel down (clicking fingers to shoulder height)

Easy alternative for steps 37-40: forward toe struts: left, right

FORWARD ROCK, BACK-LOCK-BACK, HOLD, BACK ROCK

- 41-42 Rock forward on left, rock back onto right
- 43-44 Step back on left, lock step right across left
- 45-46 Step back on left, hold
- 47-48 Rock back on right, rock forward onto left

REPEAT