

# Beyond Ordinary

**COPPER** KNOB  
STEPSHETS

拍數: 48      牆數: 2      級數: Intermediate  
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音樂: You Don't Have to Go Home - Gretchen Wilson



## STEP LEFT, BEND, STRAIGHTEN AND SHOULDER PUMPS

- 1-4      Step left foot out to left, slowly bend left leg leaning to left side hands on upper thighs  
&      Start to slowly straighten left leg to standing position while pumping right shoulder up and left shoulder down (shoulder pumps start between counts 4-5 on the & count)  
5      Continue to slowly straighten left leg while pumping left shoulder up and right shoulder down  
&      Continue to slowly straighten left leg while pumping right shoulder up and left shoulder down  
6      Continue to slowly straighten left leg while pumping left shoulder up and right shoulder down  
&      Continue to slowly straighten left leg while pumping right shoulder up and left shoulder down  
7      Continue to slowly straighten left leg while pumping left shoulder up and right shoulder down  
&      Continue to slowly straighten left leg while pumping right shoulder up and left shoulder down  
8      Finish straightening left leg while pumping left shoulder up and right shoulder down

## BEND, STRAIGHTEN AND SHOULDER PUMPS

- 1-4      Slowly bend right leg leaning to right side, hand on upper thighs  
&      Start to slowly straighten right leg to standing position while pumping right shoulder up and left shoulder down (shoulder pumps start between counts 4-5 on the & count)  
5      Continue to slowly straighten left leg while pumping left shoulder up and right shoulder down  
&      Continue to slowly straighten left leg while pumping right shoulder up and left shoulder down  
6      Continue to slowly straighten left leg while pumping left shoulder up and right shoulder down  
&      Continue to slowly straighten left leg while pumping right shoulder up and left shoulder down  
7      Continue to slowly straighten left leg while pumping left shoulder up and right shoulder down  
&      Continue to slowly straighten left leg while pumping right shoulder up and left shoulder down  
8      Finish straightening left leg while pumping left shoulder up and right shoulder down

## ¼ TURN, 2X, 1/8 TURN, 4X

- &      ¼ turn left while pumping right shoulder up and left shoulder down  
1      Touch right toe to right side while pumping left shoulder up and right shoulder down  
2      Hold  
&      ¼ turn left while pumping right shoulder up and left shoulder down  
3      Touch right toe to right side while pumping left shoulder up and right shoulder down  
4      Hold  
&      1/8 turn left while pumping right shoulder up and left shoulder down  
5      Touch right toe to right side while pumping left shoulder up and right shoulder down  
&      1/8 turn left while pumping right shoulder up and left shoulder down  
6      Touch right toe to right side while pumping left shoulder up and right shoulder down  
&      1/8 turn left while pumping right shoulder up and left shoulder down  
7      Touch right toe to right side while pumping left shoulder up and right shoulder down  
&      1/8 turn left while pumping right shoulder up and left shoulder down  
8      Touch right toe to right side while pumping left shoulder up and right shoulder down

## STEP, HOLD, STEP, HOLD, STEP, STEP, STEP, HANDS

- 1-2      Step right foot forward, hold  
3-4      Step left foot forward, hold  
5-6      Step right foot forward, step left foot forward  
7-8      Step right foot forward, elbows out hands up at face level (like a goal post on a football field)

## SLOW BEND, SLOW ½ TURN, STRAIGHTEN UP

- 1-4 Slowly bend legs keeping hands in "goal post" position  
5-8 Slowly pivot  $\frac{1}{2}$  turn left and slowly straighten up bringing hands down

**VINE RIGHT, TOUCH LEFT, 3-STEP TURN LEFT, STEP RIGHT**

- 1-4 Step right foot to right, cross-step left foot behind right foot, step right foot to right, touch left foot beside right foot  
5-8 Turn  $\frac{1}{4}$  left stepping forward on left foot, turn  $\frac{1}{2}$  left on left foot stepping back on right foot, turn  $\frac{1}{4}$  left on right foot stepping left foot to left side, step right foot next to left foot

**REPEAT**

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