Beyond My Control

拍數: 60

級數: waltz

編舞者: John "Grrowler" Rowell (UK)

音樂: Till You Love Me - Reba McEntire

Start when Reba sings "Roses" ("I sent you ROSES")

HALF WALTZ TURN, BASIC WALTZ BACK, TURN - TOUCH - HOLD, STEP - DRAG

- 1-2-3 Step left forward ¼ turn left, pivot on ball of left ¼ turn left stepping right next to left, step left in place
- 4-5-6 Step right back, step left next to right, step right in place
- 7-8-9 Step left forward quarter turn left, touch right toe to right, hold for one count
- 10-11-12 Step right long step to right, drag left up to right over two counts

1/4 TURN LEFT, 3/4 RONDE, FORWARD COASTER, LEFT & RIGHT TWINKLES BACKWARDS

- 13-14-15 Step left quarter turn left, on ball of left pivot three-quarter left sweeping right toe around to touch next to left
- 16-17-18 Step right forward, step left next to right, step right back
- 19-20-21 Cross left over right, step right back diagonally right, step left back diagonally left
- 22-23-24 Cross right over left, step left back diagonally left, step right back diagonally right

CROSS-SIDE-TURN, CROSS-SIDE-TURN, ROCK-RECOVER- BACK, TURN, CROSS, ROCK

- 25-26-27 Cross left over front of right, step right to right, pivot half turn left on ball of right stepping left to left
- 28-29-30 Cross right over front of left, step left to left, pivot half turn right on ball of left stepping right to right
- 31-32-33 Cross rock left over front of right, recover weight to right, step left back diagonally left
- 34-35-36 Step right back behind left making ½ half turn right, cross left over front of right, rock right to right

Straightening up to face 9:00

STEP-DRAG, STEP-DRAG, 3 STEP TURN TO LEFT, ¼ LEFT, ¼ LEFT, CROSS

- 37-38-39 Step left long step to left, drag right to left over two counts
- 40-41-42 Step right long step to right, drag left to right over two counts
- 43-44 Step left quarter turn left, on ball of left pivot half turn left stepping back right
- 45 Pivot quarter turn left on ball of right stepping left to left
- 46-47-48 Step right forward quarter turn left, step left back quarter turn left, cross right over front of left

DIAGONAL STEP-LOCK-STEP, DIAGONAL STEP-LOCK-STEP

- 49-50-51 Step left diagonally forward left, lock right behind left, step left diagonally forward left
- 52-53-54 Step right diagonally forward right, lock left behind right, step right diagonally forward right

STEP-ROCK-RECOVER, THREE HALF TURNS RIGHT

- 55-56-57 Step left forward, rock forward right, recover weight to left
- 58 Pivot half turn right on ball of left stepping forward right
- 59 Pivot half turn right on ball of right stepping back left
- 60 Pivot half turn right on ball of left stepping forward right

REPEAT

TAG

Danced during first wall (facing 3:00), and during third wall (facing 9:00) after count 54 STEP-SLIDE-HOLD, STEP-SLIDE-HOLD





牆數: 4

- 1-2-3 Step left forward, slide right up to left (heel raised), hold for one count
- 4-5-6 Step right back, slide left next to right (heel raised), hold for one count

ENDING

On the last wall, as the music slows down, replace the last step of the dance (60) with: sweep right leg round and behind left. Finishing the dance facing the front.