Between You And I

級數: Intermediate waltz

編舞者: Roy Thompson (UK)

音樂: Between You & I - Jessica Simpson

FORWARD SLIDE HOLD, FORWARD SLIDE HOLD, WEAVE LEFT, LEFT SLIDE

- 1-2-3 Step right forward, slide left forward over 2 counts, weight to stay on right
- 4-5-6 Step left forward, slide right forward over 2 counts, weight to stay on left
- 7-8-9 Cross right over left, step left to left side, step right behind left
- 10-11-12 Big step to left side, slide right up to left over 2 counts, weight to stay on left

ROCK BACK, STEP ¼ SWEEP, LEFT WEAVE, LEFT SLIDE

- 1-2-3 Rock back right, hold for 2 counts
- 4-5-6 Step forward on left, sweep right forward making ¼ turn left over 2 counts
- 7-8-9 Cross right over left, step left to left side, step right behind left
- 10-11-12 Big step to left side, slide right up to left over 2 counts, weight to stay on left

FULL TURN RIGHT, CROSS HOLD, RECOVER TURN STEP

- 1-2-3 ¹/₄ turn right stepping right forward, ¹/₂ turn right stepping back on left, ¹/₄ turn right stepping right to right side
- 4-5-6 Cross left over right, hold for 2 counts
- 7-8-9 Recover weight on right, ¼ turn left stepping forward on left, step forward on right
- 10-11-12 Step forward on left, hold for 2 counts

BACK LOCK BACK, ¼ SWAY LEFT, SWAY RIGHT, UNWIND FULL TURN

- 1-2-3 Step back on right, lock left over right, step back on right
- 4-5-6 ¹⁄₄ turn left sway left, hold for 2 counts
- 7-8-9 Sway right, hold for 2 counts
- 10-11-12 Cross left over right, unwind full turn right over 2 counts

SWEEP BEHIND SIDE CROSS, LEFT SLIDE, FULL TURN(ON THE SPOT), FORWARD HOLD

- 1-2-3 Sweep right back stepping behind left, step left to left side, cross right over left
- 4-5-6 Big step to left side, slide right up to left over 2 counts, weight to stay on left
- 7-8-9 ¹/₄ turn right stepping on right, ¹/₂ turn right stepping on left, ¹/₄ turn right stepping on right
- 10-11-12 Step forward on left, hold for 2 counts

STEP TURN STEP, TURN SWEEP, STEP SWEEP, BACK SLIDE STEP

- 1-2-3 Step forward on right, pivot ½ turn left, step forward on right
- 4-5-6 ¹/₂ turn left, sweep back over 2 counts
- 7-8-9 Step back on left, sweep right back over 2 counts
- 10-11-12 Step back on right, slide left back next to right, place weight on left

Restart here on walls 2 and 5

RUN RUN RUN, ¼ TURN SWAY (X3)

- 1-2-3 Run right, left, right(small steps)
- 4-5-6 ¹/₄ turn right sway left, hold for 2
- 7-8-9 ¹⁄₄ turn right sway right, hold for 2
- 10-11-12 ¹/₄ turn right sway left, hold for 2

SAILOR, SAILOR ½ CROSS, RIGHT SLIDE, BACK SLIDE

- 1-2-3 Step right behind left, step left to left side, step right to right side
- 4-5-6 Step left behind right, ¼ turn left stepping right to right, ¼ turn left stepping left across right





拍數: 96

牆數:2

7-8-9Big step to right side, slide left up to right over 2 counts, weight to stay on right10-11-12Step back left, slide right back to left over 2 counts, weight to stay on left

REPEAT

RESTART

Restart on walls 2 and 5 after 72 counts