

Between The Lines

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate/Advanced
編舞者: Deb Crew (CAN)
音樂: Listen To Your Woman - Steve Kolander



Start when the artist begins his lyrics (32 beat introduction -start on 33rd beat). This is a graceful and delicate dance that requires you to really listen to and feel the music.

BALL-CHANGE, KICK; BALL-CHANGE, KICK

&1 Step weight on ball of right foot, shift weight to ball of left foot
2 Kick right foot forward
&3 Step weight on ball of right foot, shift weight to ball left foot
4 Kick right foot forward

ROCK FORWARD & BACK; 3-STEP SHUFFLE BACKWARDS

5-6 Rock forward on the right foot, rock back on the left foot
7&8 One shuffle backwards (right left right)

BALL-CHANGE, KICK; BALL-CHANGE, KICK

&9 Step weight on ball of left foot, shift weight to ball of right foot
10 Kick left foot forward
&11 Step weight on ball of left foot, shift weight to ball of right foot
12 Kick left foot forward

ROCK BACK & FORWARD; 3-STEP SHUFFLE FORWARD

13-14 Rock back on the left foot, rock forward on the right foot
15&16 One shuffle forward (left-right-left)

ROCK FORWARD, BACK, ½ TURNING SHUFFLE

17-18 Rock forward right, rock back on left
19&20 One shuffle while ½ turning to the right (right-left-right)

STEP-½ PIVOT; STEP-½ PIVOT (TO MAKE A FULL TURN); SHUFFLE IN PLACE

Note: These two pivots are moving you forward. As you gain experience you may want to execute a full pivot turn for step (21), then step in place for step (22)

21 Step forward left & half pivot to the right (weight on left)
22 Step back right & half pivot to the right (weight on right)
23&24 One shuffle in place (left-right-left)

BALL-CHANGE-KICK; SHUFFLE IN PLACE

&25 Step weight on ball of right foot, shift weight to ball of left foot
26 Kick right foot forward
27&28 One shuffle in place (right-left-right)

BALL-CHANGE-KICK; SHUFFLE IN PLACE

&29 Step weight on ball of left foot, shift weight to ball of right foot
30 Kick left foot forward
31-32 One shuffle in place (left-right-left)

ROCK-STEP IN PLACE-STEP ACROSS (SYNCOPATED)

Note: Turn your body 45 degrees when you step across: Steps 34, 36, 38, 40)

33&34 Rock side right on right, step in place on left, step right across left

- 35&36 Rock side left on left, step in place on right, step left across right
37&38 Rock side right on right, step in place on left, step right across left
39&40 Rock side left on left, step in place on right, step left across right

RIGHT VINE & HEEL-JACKS (HEEL-JACKS ARE SYNCOPATED)

- 41-44 Step side right, step left behind right, step side right, touch left beside right (weight on right)
&45 Step down on left, kick right foot forward (weight on left)
&46 Step down on right, touch left toe beside right (weight on right)
&47 Step down on left, kick right foot forward (weight on left)
&48 Step down on right, touch left toe beside right (weight on right)

LEFT VINE & HEEL-JACKS (HEEL-JACKS ARE SYNCOPATED)

- 49-52 Step side left, step right behind left, step side left, touch right beside left (weight on left)
&53 Step down on right, kick left foot forward (weight on right)
&54 Step down on left, touch right toe beside left (weight on left)
&55 Step down on right, kick left foot forward (weight on right)
&56 Step down on left, touch right toe beside left (weight on left)

HALF-VINES & MAMBO STEPS

- 57-58 Step side right, step left behind right
59&60 Rock side right, step left in place, step right beside left
61-62 Step side left, step right behind left
63&64 Rock side left, step right in place, step left beside right

REPEAT
