Between Dances

拍數: 36   **牆數:** 4   **級數:** Improver - waltz
編舞者: Maggie Gallagher (UK)
音樂: In Between Dances - The Nadine Somers Band

STEP SWEEP, CROSS-SIDE-BEHIND
1-2-3   Step forward on left, sweep right to side and forward (counts 2, 3)
4-5-6   Cross step right over left, step left to side, step right behind left

SIDE-SLIDE-TOUCH, FULL-TURN-RIGHT
1-2-3   Step left to side, slide right towards left, touch right together
4-5-6   Traveling to right side: make whole turn right stepping right, left, right

LEFT TWINKLE, RIGHT TWINKLE ¼ TURN
1-2-3   Cross step left over right, step right to side, step left in place
4-5-6   Cross step right over left, step left to side, turn ¼ right and step forward on right

CROSS, POINT, HOLD, CROSS, POINT, HOLD
1-2-3   Cross step left over right, point right to side, hold
4-5-6   Cross step right over left, point left to side, hold

CROSS, BACK, TOGETHER, CROSS ½ TURN
1-2-3   Sweep left round to cross step over right, step back on right, step left together
4-5-6   Cross step right over left, step back on left, turn ½ right and step right forward

STEP, RISE, KICK, BACK, SLIDE, TOUCH
1-2-3   Step forward on left, drag right forward rising on ball of left, low kick forward on right
4-5-6   Step back on right, drag left towards right, touch left next to right

REPEAT
Towards the end of this beautiful song, the music softens and Nadine keeps on singing. Keep dancing through this and the music comes back in again.