

Betty's Boogie

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Sandy McClure (USA)
音樂: Betty's Got a Bass Boat - Pam Tillis



- 1-4 Walk forward right, left, kick with right, step back with right foot
- 5 Touch left toe back
- 6 Step forward on left
- 7 Brush right foot forward
- 8 Cross right over left turning $\frac{1}{4}$ turn to the left

HIP BUMPS

- 1-2 Step left foot back, bump hips 2 times
- 3-4 Step right foot back, bump hips 2 times
- 5-8 Repeat 1,2,3,4

BRUSH AND TURN AND SYNCOPATED STEPS

- 1-2 Walk forward with left foot, forward with right
- 3 Brush left foot forward
- 4 Cross left over right with $\frac{1}{2}$ turn to the right
- 5 Jump feet apart, right and left
- 6 Jump feet together, right and left
- 7 Repeat step 5
- 8 Repeat step 6

HOPPING, CHA-CHA

- &1 Hop on left and step forward with right
- 2-3&4 Step left foot back, (cha-cha) right, left, right
- &5 Hop on right and step forward with left
- 6-7&8 Step right foot back, (cha-cha) left, right, left

HIP PUSH AND PIVOT

- 1-2 Step right foot out to side (bend knees in sitting position), push right hip upward (legs will straighten)
- 3-4 Step left foot out to the side (bend knees in sitting position), left hip upward (legs will straighten)
- 5-6 Step right foot forward and pivot $\frac{1}{2}$ turn
- 7-8 Repeat steps 5, 6

SAILOR STEPS, WITH SWEEP TURN, COASTER STEP

- 1&2 Cross right foot behind left, step left next to right, step right foot forward
- 3&4 Cross left foot behind right, step right next to left, step left foot forward
- 5&6 Touch right foot out to right side and sweep in a circular motion $\frac{1}{2}$ turn to right (weight change to right foot)
- 7&8 Step back on left foot, step back on right foot, step forward on left foot

REPEAT
