Betty's Beauty Bop



拍數: 32 牆數: 4 級數: Beginner

編舞者: Michael Diven (USA)

音樂: Betty's Beauty World - Mark Knight



STEP, PIVOT, SHUFFLE, STEP, PIVOT, SHUFFLE

1-2 Step forward on right foot, pivot ½ turn to the left (6:00)

3&4 Right shuffle forward

5-6 Step forward on left foot, pivot ½ turn to the right (12:00)

7&8 Left shuffle forward

TOUCH, CENTER, TOUCH, CENTER, TOUCH, CENTER, ROCK, RECOVER, SYNCOPATED VINE WITH 1/4 TURN

1&2& Touch right toe to right side, step back to center, touch left toe to left side, step back to center

3&4& Touch right heel forward, step back to center, touch left toe back, step back to center

5-6 Side rock to the right on right foot, recover weight back to left

7&8 Syncopated grapevine left, stepping right behind left, left to left side, crossing right over left

with a ¼ turn to the left (weight ends on the right foot) (9:00)

STEP, ½ TURN HITCH, RIGHT SHUFFLE, CROSS STEP, UNWIND ¾ TURN RIGHT, SAILOR STEP

1-2 Step forward on left foot, pivot ½ turn to the left while hitching the right foot up next to left

knee (3:00)

3&4 Right shuffle forward

5-6 Cross step left over right, unwind by pivoting ¾ turn to the right (weight ends on the left)

(12:00)

7&8 Right sailor step

CROSS STEP, 1/4 TURN, COASTER STEP, STEP, 1/2 TURN PIVOT WITH KICK, COASTER STEP

1-2 Cross step left over right foot, pivot ¼ turn left (weight on right foot) (9:00)

3&4 Left coaster step in place

5-6 Step forward on right foot and pivot ½ turn to the left while kicking the left foot forward (3:00)

7&8 Left coaster step in place

REPEAT

Music available at www.markknightmusic.com