

# Betty Lou Boogie

**COPPER KNOB**  
STEPPERS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Anita McNab (CAN)  
音樂: Cotton Eyed Joe - Scatman John



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## RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

1-4      Tap right heel forward, step home, tap left heel forward, step home (feet together)  
5-8      Both heels out to sides, home, both heels out to sides, home

## RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

9-12      Tap right heel forward, step home, tap left heel forward, step home (feet together)  
13-16      Both heels out to sides, home, both heels out to sides, home

## GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT (DO THE TWIST)

17-20      Step side right, left behind, side right, touch left toe forward on angle  
21-24      Do the twist, heels going left, right, left, right (weight on right)

## GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT (DO THE TWIST)

25-28      Step side left, right behind, side left, touch right toe forward on angle  
29-32      Do the twist, going right, left, right, left (weight on left)

## ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT

33-36      Forward right on angle, touch left beside, forward left on angle, touch right beside  
37-40      Forward right on angle, touch left beside, forward left on angle, touch right beside

**When doing these steps, you knees will point inwards on the touches**

## WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

41-44      Walk back starting on right, left, right, touch left beside right

## GRAPEVINE LEFT (OR ROLLING VINE) WITH A ¼ TURN TO LEFT, TOUCH RIGHT BESIDE LEFT

45-46      Step side left onto left, right behind left  
47-48      Step ¼ turn to left, onto left, touch right beside left

**REPEAT**

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