

"Betty Boop" Swivel

拍數: 56 牆數: 4 級數:
編舞者: Betty Campora (USA)
音樂: Redneck Romeo - The Forester Sisters



("TOY SOLDIERS") ¼ STEP-PIVOTS LEFT, 4 TIMES

1-2 Right step forward; pivot ¼ turn left change weight to left
3-4 Right step forward; pivot ¼ turn left change weight to left
5-6 Right step forward; pivot ¼ turn left change weight to left
7-8 Right step forward; pivot ¼ turn left change weight to left

Weight ends left -you will be facing start of dance

RIGHT & LEFT TOE/HEEL SWIVELS (HEEL SHIFTS)

1-2 Shift toes right weight on heels; shift heel right weight on toes
3-4 Shift toes right weight on heels, shift heel right weight on toes
5-6 Shift heels left weight on toes; shift toes left weight on heels
7-8 Shift heels left weight on toes; shift toes left weight on heels

End with weight on left

ROCK STEPS & TRIPLE IN-PLACE

1-2 Right rock-step back; left rock-step forward
3&4 Right step next to left; left step next to right; right step next to left
5-6 Left rock-step back; right rock-step forward
7&8 Left step next to right; right step next to left; left step next to right

ANGLED TRIPLES & TOE SWIVELS, ANGLE BODY 45 DEGREES RIGHT

1 Right step next to left slightly forward
&2 Left step next to right; right step next to left

ANGLE BODY 45 DEGREES LEFT

3 Left step next to right slightly forward
&4 Right step next to left; left step next to right
5 Pivot 45 degrees right on ball of left foot as you step right next to left
6 Pivot 45 degrees left on ball of right foot as you step left next to right
7 Pivot 45 degrees right on ball of left foot as you step right next to left
8 Pivot 45 degrees left on ball of right foot as you step left next to right

MOCK "MOON WALK" (HEEL-STEP SLIDE-TOUCH SLIDE, 4 TIMES)

1& Right heel touch forward, right step-slide next to left weight is on right
2& Left toe touch next to right, left step-slide back weight is on left
3& Right heel touch forward, right step-slide next to left weight is on right
4& Left toe touch next to right, left step-slide back weight is on left
5& Right heel touch forward, right step-slide next to left weight is on right
6& Left toe touch next to right, left step-slide back weight is on left
7& Right heel touch forward, right step-slide next to left
8 Left step next to right

TRAVELING RIGHT TOE-TAPS, TRAVEHNG LEFT HEEL-TOE TAPS

1 Right toe tap in to left as you swivel left heel to right
2 Right toe tap out to right as you swivel left toes to right
3 Right toe tap in to left as you swivel left heel to right

- 4 Right step in place weight is on right
- 5 Left heel tap side left with toes pointed left as you swivel right toes left
- 6 Left toes tap in to right as you swivel right heel left
- 7 Left heel tap side left with toes pointed left as you swivel right toes left
- 8 Left step in place weight is on left

ROCK-STEP, ½ PIVOT LEFT, ¼ PIVOT LEFT, KICK-BALL-CHANGE

- 1-2 Right rock-step back; left rock-step forward
- 3-4 Right step forward; pivot ½ turn left change weight to left
- 5-6 Right step forward; pivot ¼ turn left change weight to left
- 7 Right kick forward
- &8 Right step on ball of right next to left; change weight to left

REPEAT
