Better Than What



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Jan Wyllie (AUS)

音樂: I've Been Better - Brad Paisley



1-2	Step right to right, step left behind right
&3-4	Making ¼ turn left step right beside left, step forward left, right
5-6	Rock/step forward on left, rock back on right
7&8	Step back on left, step right beside left, step forward on left (coaster step)
9-10	Rock/step forward on right, rock back on left
11&12	Making $\frac{1}{2}$ turn right back over right shoulder shuffle forward right, left, right
13&14	Making a further ½ turn right shuffle back left, right, left
15-16	Making ¼ turn right rock/step right to right side, rock/return weight to left
17&18	Step right behind left, step left to left, step right across in front of left
19-20	Rock/step left to left, rock/return weight to right
21&22	Stamp left beside right, step back slightly on right, step forward on left
23	Hold (weight on left)
&24	Step right beside left, step forward on left
25-26	Rock/step forward on right, rock back on left
27	Step back on right commencing a ¼ turn left
&28	Step left to left completing the turn, step right across in front of left
29-30	Rock/step left to left, rock/return weight to right
&	Step left beside right
31-32	Step right to right, step left beside right

REPEAT

TAG

At the end of the 2nd and 4th walls

1 Take weight firmly on left and bend right knee - put right hand on hip

2-3-4 Hold - drop hand from hip before restarting dance