

Better Than This!

拍數: 32 牆數: 2 級數: Beginner
編舞者: Bodil Lilholt Kristensen (DK)
音樂: It Don't Get Better Than This - Rodney Crowell



VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-2 Step right to the right, step left behind right
3-4 Step right to the right, touch left beside right
5-6 Step left to the left, step right behind left
7-8 Step left to the left, touch right beside left

STEP, SLIDE, STEP, TOUCH DIAGONALLY FORWARD, STEP, SLIDE, STEP, TOUCH DIA. BACK

1-2 Step diagonally forward on right, slide left beside right
3-4 Step diagonally forward on right, touch left beside right
5-6 Step diagonally back on left, slide right beside left
7-8 Step diagonally back on left, touch right beside left

KICK BALL ¼ TURN LEFT, KICK BALL ¼ LEFT, ROCKING CHAIR

1&2 Kick forward right, step right in place as you turn ¼ to left, step left beside right
3&4 Kick forward right, step right in place as you turn ¼ to left, step left beside right
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left

HIP BUMPS RIGHT, LEFT, RIGHT, LEFT, HELL BOUNCES X 4 ON RIGHT

1-4 Step right slightly to the right as you bump your hips right, left right left
5-8 Angling your body diagonally to the right, bounce you heels x 4

REPEAT
