

Better Than Before

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Pete Harkness (UK)
音樂: Don't Stop - Fleetwood Mac



STEP, PIVOT, KICKBALL STEP, ROCK, RECOVER, ½ SHUFFLE TURN

1-2 Step forward on right, make a ½ turn to left
3&4 Kick right in front & step right beside left, step forward on left
5-6 Rock forward on right, recover on left
7&8 Make a ½ turn to right as you shuffle right left right

STEP, ¼ TURN, CROSS SHUFFLE, SIDE HOLD CLAP TWICE

1-2 Step forward on left, make a ¼ turn to right
3&4 Cross left over right & step right to side, cross left over right
5-6& Step right to side, hold and clap & step left beside right
7-8 Step right to side, hold and clap

COASTER ¼ TURN, WALK RIGHT LEFT, MAMBO STEP, TOUCH, ½ TURN

1&2 ¼ turn to left stepping back on left & step right beside left, step forward on left
3-4 Walk forward on right, walk forward on left
5&6 Rock forward on right & recover on left, step slightly back on right
7-8 Touch left toes back, make a ½ turn left stepping down on left

JAZZ BOX WITH TOUCH, ¼ SHUFFLE, STEP, PIVOT

1-2-3-4 Cross right over left, step back on left, step right to side, touch left beside right
5&6 Step left ¼ turn to left & step right beside left, step forward on left
7-8 Step forward on right, make a ½ turn to left

REPEAT
