

# Better Than Before

拍數: 32      牆數: 4      級數: Improver  
編舞者: Pete Harkness (UK)  
音樂: Don't Stop - Fleetwood Mac



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## STEP, PIVOT, KICKBALL STEP, ROCK, RECOVER, ½ SHUFFLE TURN

1-2            Step forward on right, make a ½ turn to left  
3&4          Kick right in front & step right beside left, step forward on left  
5-6          Rock forward on right, recover on left  
7&8          Make a ½ turn to right as you shuffle right left right

## STEP, ¼ TURN, CROSS SHUFFLE, SIDE HOLD CLAP TWICE

1-2            Step forward on left, make a ¼ turn to right  
3&4          Cross left over right & step right to side, cross left over right  
5-6&        Step right to side, hold and clap & step left beside right  
7-8          Step right to side, hold and clap

## COASTER ¼ TURN, WALK RIGHT LEFT, MAMBO STEP, TOUCH, ½ TURN

1&2          ¼ turn to left stepping back on left & step right beside left, step forward on left  
3-4          Walk forward on right, walk forward on left  
5&6          Rock forward on right & recover on left, step slightly back on right  
7-8          Touch left toes back, make a ½ turn left stepping down on left

## JAZZ BOX WITH TOUCH, ¼ SHUFFLE, STEP, PIVOT

1-2-3-4      Cross right over left, step back on left, step right to side, touch left beside right  
5&6          Step left ¼ turn to left & step right beside left, step forward on left  
7-8          Step forward on right, make a ½ turn to left

**REPEAT**

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