

Better Place

拍數: 64 牆數: 2 級數: Intermediate social cha
編舞者: David Spencer (UK)
音樂: If Only I Could - Sydney Youngblood



Special thanks to Kate for finding this great track

RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE, LEFT SIDE ROCK, HINGE ½ TURN LEFT, CHASSE LEFT

1-2 Rock right out to right side, recover weight on left
3&4 Cross step right over left, step left to left side, cross step right over left
5-6 Rock left out to left side, recover weight on right
7&8 Hinge ½ turn left as you step left to left side, close right to left, step left to left side (6:00)

CROSS SIDE, RIGHT SAILOR STEP, CROSS SIDE, LEFT SAILOR STEP MAKING ½ TURN LEFT

1-2 Cross step right over left, step left to left side
3&4 Right sailor step
5-6 Cross step left over right, step right to right side
7&8 Sweep left behind right into sailor ½ turn left (12:00)

SYNCOPATED CROSS ROCKS, WALK WALK, RIGHT SHUFFLE FORWARD

1-2& Cross rock right over left, recover weight on left, close right next to left
3-4& Cross rock left over right, recover weight on right, close left next to right
5-6 Walk forward on right then left
7&8 Small shuffle forward stepping right-left-right (12:00)

LEFT ROCK FORWARD, TRIPLE ¾ TURN LEFT, RIGHT ROCK FORWARD, TRIPLE ½ TURN RIGHT

1-2 Rock forward on left, recover weight on right
3&4 Triple ¾ turn left stepping left-right-left (3:00)
5-6 Rock forward on right, recover weight on left
7&8 Triple ½ turn right stepping right-left-right (9:00)

HIP BUMPS LEADING RIGHT THEN LEFT, CROSS HOLD, OUT-OUT CROSS (MODIFIED JAZZ BOX CROSS)

1&2 Step forward on left bumping hips forward, back, forward
3&4 Step forward on right bumping hips forward, back, forward
5-6 Cross left over right, hold
&7 Step back on right slightly on right diagonal, step back on left slightly on left diagonal
8 Cross right over left (9:00)

CHASSE LEFT, BACK ROCK, FORWARD ROCK, RIGHT LOCK STEP BACK

1&2 Step left to left side, close right to left, step left to left side
3-4 Rock back on right, recover weight onto left
5-6 Rock forward on right, recover weight onto left
7&8 Step back on right, cross left over right, step back on right (9:00)

& POINT HOLD, TURN POINT HOLD, CROSS BACK, CHASSE RIGHT

&1-2 Close left next to right, point right toe to right side, hold
&3-4 Turn ¼ turn right closing right next to left, point left toe to left side, hold
&5-6 Close left next to right, cross step right over left, step back on left
7&8 Step right to right side, close left next to right, step right to right side (12:00)

STEP PIVOT ¼ TURN RIGHT TWICE, SKATE LEFT THEN RIGHT, LEFT SCISSOR CROSS

- 1-2 Step forward on left, pivot $\frac{1}{4}$ turn right
- 3-4 Step forward on left, pivot $\frac{1}{4}$ turn right
- 5-6 Skate forward on left, skate forward on right
- 7&8 Step left to left side, close right to left, cross step right over left (6:00)

REPEAT
