

A Better Man

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Linda Burgess (AUS)
音樂: Better Man - Robbie Williams



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- 1-2&3-4 Cross/rock right over left, replace weight to left, step right beside left, step forward left & pivot ½ turn right
- 5-6&7-8 Cross/rock left over right, replace weight to right, step left beside right, step forward right & pivot ½ turn left
- 1-2&3-4& Step right to right, cross/step left behind right, step right beside left, step left to left, cross/step right behind left, turn ¼ left & step forward left
- 5-6-7-8& Step forward right, pivot ½ turn left, step forward right, turn ½ right & step back left, turn ½ right & step forward right
- 1-2-3&4 Rock/step forward left, replace weight to right, turn ½ left & step forward left, turn ½ left & step back right, turn ½ left & step forward left (triple turn)
- 5-6-7&8 Rock/step forward right, replace weight to left, turn ½ right & step forward right, turn ½ right & step back left, turn ½ right & step forward right (triple turn)
- 1&2-3&4 Cross/step left over right, turn ¼ left & step back right, turn ¼ left & step left to left side, step forward right, turn ½ right & step back left, step back right (weight right)
- 5-6-7&8 Step forward left, step forward right, cross/step left over right, turn ¼ left & step back right, turn ¼ left & step left to left side

REPEAT
