

# Better Man

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sabrina Christiansen (DE)  
音樂: A Better Man - Clint Black & Hayden Nicholas



## LOCKING SHUFFLE FORWARD, ROCKING CHAIR, SIDE BEHIND & HEEL & CROSS

- 1&2      Step right foot forward, lock left foot behind right foot, step right foot forward  
3&4&      Rock forward onto right foot, rock back onto left foot, rock back onto right foot, rock forward onto left foot  
5-6      Step left foot to left side, cross right foot behind left foot  
&7&8      Step left foot back, touch right heel forward, step right foot beside left foot, cross left foot in front of right foot

## LOCKING SHUFFLE BACK WITH ¼ TURN LEFT, ROCKING CHAIR, SIDE ROCK, CROSS SHUFFLE

- 1&2      Step right foot back with ¼ turn left, lock left foot in front of right foot, step right foot back  
3&4&      Rock back onto left foot, rock forward onto right foot, rock forward onto left foot, rock back onto right foot  
5-6      Step left foot to left side, recover onto right foot  
7&8      Cross left foot in front of right foot, step right foot to right side, cross left foot in front of right foot

## SIDE ROCK, BEHIND, SIDE ROCK, BEHIND, STEP WITH ¼ TURN RIGHT, SIDE TOUCH COASTER STEP

- 1&2      Step right foot to right side, recover onto left foot, cross right foot behind left foot  
3&4      Step left foot to left side, recover onto right foot, cross left foot behind right foot  
5-6      Step right foot forward with ¼ turn right, touch left foot to left side  
7&8      Step left foot back, step right foot beside left foot, step left foot forward

## SIDE SHUFFLE, SIDE SHUFFLE WITH ¼ TURN LEFT, ROCK STEP, KICK BALL STEP

- 1&2      Step right foot to right side, step left foot beside right foot, step right foot to right side  
3&4      Step left foot to left side with ¼ turn left, step right foot beside left foot, step left foot to left side  
5-6      Rock right foot forward, rock back onto left foot  
7&8      Kick right foot forward, step right foot beside left foot, step left foot forward

## REPEAT

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