

The Best

COPPER **NOB**
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Malena Hagman
音樂: The Best - Tina Turner



STEP TURN STEP SHUFFLE VAUDEVILLE TWICE

1&2 Step left forward, turn right $\frac{1}{2}$, step left forward
3&4 Right shuffle forward right, left, right
5&6& Left over right, right to right, left heel touch left diagonal forward
7&8 Right over left, left to left, right heel touch right diagonal forward

COASTER STEP, SHUFFLE, WALK CLAP TWICE ROCK STEP TURN $\frac{1}{2}$

1&2 Right coaster step, step right back, step left next to right, step right forward
3&4 Left shuffle forward, step left, right, left
5&6& Walk right forward, clap, walk left forward, clap
7&8 Rock right to right, rock back on left weight on left turn $\frac{1}{2}$ right

EXTENDED WINE RIGHT, TURN $\frac{1}{4}$ RIGHT, WALK RIGHT, LEFT, RIGHT COASTER STEP FORWARD

1&2 Left over right, right to right, left behind right
&3&4 Right to right, left in front of right, right to right, left behind right
5-6 Turn $\frac{1}{4}$ right, walk right, left
7&8 Right coaster step forward, step forward right, left next to right, back right

CHASSE LEFT, TURN $\frac{1}{2}$ CHASSE RIGHT, POINT X4

1&2 Left chasse, step left, right, left
3&4 Turn right $\frac{1}{2}$, chasse right step right, left, right
&5-6 Step left next to right, point right to right, point right cross in front of left
7-8 Point right to right, point right cross behind left

UNWIND $\frac{1}{2}$ RIGHT, CROSS SHUFFLE, MAMBO CROSS, UNWIND $\frac{1}{2}$

1-2 Unwind right weight on right
3&4 Cross shuffle left over right
5&6 Mambo right to right, weight on left, right behind left
7-8 Unwind $\frac{1}{2}$, weight on right

ROCK & ROCK & STEP, HOLD LEFT, ROCK & ROCK & STEP, HOLD RIGHT

1&2& Rock left forward, rock left to side weight back on right
3-4 Step left next to right, hold
5&6& Rock right forward, rock right to side, weight back on left
7-8 Step right next to left, hold

REPEAT

FOR A GREAT ENDING

The dance ends after the first shuffle turn in section 4. After turning raise both hands in air and stomp right