

# The Best

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Malena Hagman  
音樂: The Best - Tina Turner



## STEP TURN STEP SHUFFLE VAUDEVILLE TWICE

1&2      Step left forward, turn right  $\frac{1}{2}$ , step left forward  
3&4      Right shuffle forward right, left, right  
5&6&      Left over right, right to right, left heel touch left diagonal forward  
7&8      Right over left, left to left, right heel touch right diagonal forward

## COASTER STEP, SHUFFLE, WALK CLAP TWICE ROCK STEP TURN $\frac{1}{2}$

1&2      Right coaster step, step right back, step left next to right, step right forward  
3&4      Left shuffle forward, step left, right, left  
5&6&      Walk right forward, clap, walk left forward, clap  
7&8      Rock right to right, rock back on left weight on left turn  $\frac{1}{2}$  right

## EXTENDED WINE RIGHT, TURN $\frac{1}{4}$ RIGHT, WALK RIGHT, LEFT, RIGHT COASTER STEP FORWARD

1&2      Left over right, right to right, left behind right  
&3&4      Right to right, left in front of right, right to right, left behind right  
5-6      Turn  $\frac{1}{4}$  right, walk right, left  
7&8      Right coaster step forward, step forward right, left next to right, back right

## CHASSE LEFT, TURN $\frac{1}{2}$ CHASSE RIGHT, POINT X4

1&2      Left chasse, step left, right, left  
3&4      Turn right  $\frac{1}{2}$ , chasse right step right, left, right  
&5-6      Step left next to right, point right to right, point right cross in front of left  
7-8      Point right to right, point right cross behind left

## UNWIND $\frac{1}{2}$ RIGHT, CROSS SHUFFLE, MAMBO CROSS, UNWIND $\frac{1}{2}$

1-2      Unwind right weight on right  
3&4      Cross shuffle left over right  
5&6      Mambo right to right, weight on left, right behind left  
7-8      Unwind  $\frac{1}{2}$ , weight on right

## ROCK & ROCK & STEP, HOLD LEFT, ROCK & ROCK & STEP, HOLD RIGHT

1&2&      Rock left forward, rock left to side weight back on right  
3-4      Step left next to right, hold  
5&6&      Rock right forward, rock right to side, weight back on left  
7-8      Step right next to left, hold

## REPEAT

## FOR A GREAT ENDING

The dance ends after the first shuffle turn in section 4. After turning raise both hands in air and stomp right