

Best Of Friends (P)

COPPERKNOB
STEPSHETS

拍數: 40 牆數: 0 級數: Partner
編舞者: John Miles (UK) & Jean Miles (UK)
音樂: Why Would I Say Goodbye - Brooks & Dunn



Position: Couples in sweetheart position, facing LOD around the room

ROCK-STEP, SHUFFLE BACK, ROCK-STEP SHUFFLE FORWARD

1-2 Rock forward onto left foot, rock backward onto right foot
3&4 Left foot shuffle backward (left, right, left)
5-6 Rock backward onto right foot, rock forward onto left foot
7&8 Right foot shuffle forward (right, left, right)

HALF-TURN, SHUFFLE, HALF-TURN, SHUFFLE

1-2 Step left foot forward & turn $\frac{1}{2}$ right, step right foot in place
3&4 Left foot shuffle forward (left, right, left)
5-6 Step right foot forward & turn $\frac{1}{2}$ left, step left foot in place
7&8 Right foot shuffle forward (right, left, right)

SWAY-2-3-4, SWAY-2-3-4

1 Step left foot forward turning $\frac{1}{4}$ right to face out & sway hips left
2-3-4 Sway hips right, left, right
5 Step left foot back & sway hips left
6-7-8 Sway hips right, left, right

STEP-SCUFF FORWARD 4X

1-2 Step left foot forward turning $\frac{1}{4}$ left to face to the left, scuff right foot
3-4 Step right foot forward, scuff left foot
5-6 Step left foot forward, scuff right foot
7-8 Step right foot forward, scuff left foot

WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

1-2 Step forward left foot, right foot
3&4 Left foot shuffle forward (left, right, left)
5-6 Step forward right foot, left foot
7&8 Right foot shuffle forward (right, left, right)

REPEAT
