

Best Man

拍數: 32 牆數: 4 級數: Beginner
編舞者: Raymond Sarlemijn (NL), Roy Verdonk (NL) & Darren Bailey (UK)
音樂: Unknown



SLIDE, PLAY GUITAR, PADDLE TURNS WHILE PLAYING GUITAR MAKING A FULL TURN LEFT

- 1-2 Slide diagonally left with left foot first, touch right foot next to left foot
- 3-4 With left hand stretched out to left side, play guitar with right hand
- 5-6 Touch right f to right side while making a ¼ turn left, touch right f to right side while making a ¼ turn left
- 7-8 Touch right f to right side while making a ¼ turn left, touch right f to right side while making a ¼ turn left (you have now made a full turn left while still playing the guitar)

TOUCH, STEP, TOUCH, STEP, JAZZ BOX WITH A ¼ TURN RIGHT

- 1-2 Touch right toe diagonally forward, step down on to right foot
- 3-4 Touch left toe diagonally forward, step down onto left foot (these 4 counts are to be done with turning body slightly in direction of foot, fists clenched and index fingers extended waving fingers up and down a.k.a. (Saturday Night Fever))
- 5-6 Cross right foot over left foot, step back on left foot
- 7-8 Step forward on right foot making a ¼ turn right, touch left foot next to right foot

SNAKE ROLL LEFT, SNAKE ROLL RIGHT, JUMP FORWARD WITH HIP THRUSTS 4 TIMES

- 1-2 Make a snake roll to the left stepping out on left foot, touch right foot next to left foot
- 3-4 Make a snake roll to the right stepping out on right foot, touch left foot next to right foot
- 5-6 Jump forward with both feet thrusting hips forward, jump forward with both feet thrusting hips forward
- 7-8 Jump forward with both feet thrusting hips forward, jump forward with both feet thrusting hips forward

KICK BALL CROSS, KICK BALL CROSS, STEP, BUMP, BUMP, BUMP

- 1&2 Kick right foot diagonally to right side& step right foot next to left foot, cross left foot over right foot
- 3&4 Kick right foot diagonally to right side& step right foot next to left foot, cross left foot over right foot
- 5-6 Step right foot to right side, bump hips to right
- 7-8 Bump hips to right, bump hips to right end with weight on right foot

REPEAT
