

# The Best In Me

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Craig Bennett (UK)  
音樂: Best In Me - Blue



## RIGHT TOUCH, STEP, ROCK & CROSS, RIGHT SIDE SHUFFLE, LEFT SAILOR STEP

1-2            Touch right foot to right side, step right next to left  
3&4           Rock left foot to left side, replace weight to right foot, cross step left over right  
5&6           Step right to right side, step left next to right, step right to right side  
7&8           Step left behind right, step right to side, step left in place

## WEAVE; CROSS, SIDE, BEHIND-¼-STEP, CROSS, BACK, LEFT SIDE SHUFFLE

9-10           Cross step right over left, step left to side  
11&12        Cross right behind left, step left to left turning ¼ left, step right foot forward  
13-14        Cross step left over right, step right foot back  
15&16        Step left foot to side, step right together, step left foot to side

## RIGHT CROSS, BACK, SIDE, LEFT CROSS, BACK, SIDE, STEP ½ PIVOT

17-18        Cross step right over left, step back left  
19-20        Step right foot to side, cross step left over right  
21-22        Step right foot back, step left foot to side  
23-24        Step forward right, pivot ½ turn left (weight ending on left)

## FULL TURN, RIGHT SHUFFLE, FORWARD-ROCK, ¼ LEFT, SLIDE TOGETHER

25-26        Step forward right making a ½ turn right, step back on left making ½ turn right

### Option: walk forward stepping; right, left

27&28        Step forward right, step left together, step forward right  
29-30        Rock left foot forward, recover weight to right  
31-32        Turn ¼ left and step left to side, slide right foot to touch together

## SIDE-ROCK, RIGHT SAILOR, LEFT SAILOR, STEP, ¼ PIVOT

33-34        Rock right foot to side, recover weight onto left  
35&36        Step right foot behind left, step left to side, step right foot in place  
37&38        Step left foot behind right, step right to side, step left in place  
39-40        Step right foot forward, pivot ¼ turn left

REPEAT

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