

Best Friends

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Pauline Hayward
音樂: Best Friends Girl - Steps



FOUR POINTS, SHUFFLE FORWARD DIAGONALLY RIGHT, ROCK FORWARD LEFT REPLACE RIGHT

- 1-2 Point right toe to side slightly forward, return right toe to center
- 3-4 Point right toe to side slightly forward, point right toe behind left
- 5-6 Step right diagonally forward right, close left behind right
- 7-8 Step right forward, rock left forward replace weight back on right (body is still diagonal to right)

SHUFFLE BACK LEFT, ROCK BACK RIGHT, REPLACE LEFT, SHUFFLE FORWARD RIGHT, LEFT PIVOT TURN

- 9&10 Step left back, close right to left, step left back (body now central)
- 11-12 Rock back right, replace weight forward onto left
- 13&14 Step forward right, close left behind right, step forward right
- 15-16 Step forward left, ½ turn to right replacing weight onto right

MAMBO LEFT & RIGHT, SLIDE STEP LEFT, STEP RIGHT, LEFT, RIGHT

- 17&18 Step left to side, step right in place, return left next to right
- 19&20 Step right to side, step left in place, return right next to left
- 21-22 Step left to side, slide right next to left
- 23&24 Stepping right, left, right in place

2 STEPS FORWARD, SHUFFLE FORWARD LEFT, SIDE STEP RIGHT, STEP LEFT, RIGHT, LEFT

- 25-26 Walk forward left, right
- 27-28 Step left forward close right behind left, step forward left
- 29-30 Step right to side, slide left next to right
- 31&32 Stepping left, right, left

REPEAT
