Best Friend

拍數: 32

級數: Intermediate

編舞者: Tim Gauci (AUS)

音樂: Best Friend - Toy-Box

WALK, WALK, KICK BALLCHANGE, ACROSS, TURN ¼, COASTER STEP

- Step forward right, step forward left 1-2
- 3&4 Right kick ball change (45deg left)
- 5-6 Step right across in front of left, step left to left turning 1/4 to right
- 7&8 Right coaster step (right, left, right)

WALK, WALK, KICK BALLCHANGE, ACROSS, TURN ¼, COASTER STEP

- 1-2 Step forward left, step forward right
- 3&4 Left kick ball change (45deg right)
- 5-6 Step left across in front of right, step right to right turning 1/4 to left
- 7&8 Left coaster step (left, right, left)

STEP TURN ½, STEP TURN ¼, SHUFFLE ACROSS, ROCK, RECOVER

- 1-2 Step forward right, pivot 1/2 to left
- 3-4 Step forward right, pivot 1/4 to left
- 5&6 Shuffle right across left (right, left, right)
- 7-8 Rock left to left, step right in place (recover)

ACROSS & HEEL & TOE & HEEL & STEP TURN 1/2, STOMP, CLAP, CLAP

- 1& Step left across in front of right, step right to right
- 2& Touch left heel forward, step left together
- 3& Tap right toe behind left heel, step right foot together
- 4& Touch left heel forward. Step left together
- 5-6 Step right forward, pivot turn 1/2 to left
- 7&8 Stomp right foot, clap, clap

REPEAT

TAGS FOR DANCING TO "BEST FRIEND" BY TOY BOX

TAG 1

After 4th time through, add:

- 1-2 Punch right fist forward, punch left fist forward (bringing right fist back towards chest)
- 3& Hold, rock back on right punching right fist forward (bringing left fist back towards chest) 4 Rock forward on left foot bring right knee to a hitch position (also punch left fist forward
- bringing right fist to chest)

TAG 2

After 9th time through (when they sing "hit me with a laser gun"), add:

- 1-2 Rock forward on right foot, cha-cha turn 1/2 to right, rock forward left
- 3&4 Coaster step (left, right, left)
- 5-8 Repeat above 8 counts

For a bit of fun shoot laser guns through these 16 counts





牆數: 4