

# The Best Day

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Andy Williams (USA)  
音樂: Best Day of My Life - Jesse McCartney



## **SIDE, TOGETHER, SIDE, TOGETHER, CROSS, TURN ¼, TURN ½, SHUFFLE**

1-2            Step side right, step left next to right  
3&4           Step right to side, step left next to right, cross right over left  
5-6           Step back on left, turning ¼ right, step forward on right turning ½ right  
7&8           Step right forward, step left behind right, step right forward

## **SHUFFLE FORWARD, HEEL AND TOUCH, COASTER STEP, ROCK, RECOVER, ¼ TURN**

1&2           Step right forward, bring left behind right, step right forward  
3&4           Present left heel forward, step down on left, touch right toe behind left  
5&6           Step right back, step left next to right, step right forward  
7&8           Rock forward left, recover weight to right turning ¼ right step left across right

## **MAMBO CROSS TWICE, STEP FORWARD ON DIAGONAL HIP GRIND COUNTER TO THE RIGHT**

1&2           Rock right to side, recover to left, step right across left  
3&4           Rock left to side, recover to right, step left across right  
5-8           Step forward on diagonal (1:00) grind hips to the left for 4 counts

**Weight should end on left**

## **STEP TURNING ¼ TWICE, COASTER STEP, ROCK FORWARD RECOVER, COASTER**

1-2           Turning ¼ right step forward on right, step back on left turning ¼ right  
3&4           Step back right, step left next to right, step forward right  
5-6           Rock left forward, recover weight to right  
7&8           Step back left, step right next to left, step forward on left

**When doing the coasters, (3&4, 7&8) when you step forward to finish the coaster steps bend the knee a little more than normal make it a dip forward with attitude**

**REPEAT**

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