

# Best Day!

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Stephen Paterson (AUS)  
音樂: The Best Day - George Strait



Timing throughout dance is 1,hold,3,hold &5,6,7,8

## ROCK, HOLD, RECOVER, HOLD, AND CROSS, OUT, CHANGE, CROSS

1-2            Step forward onto left, hold  
3-4            Rock back onto right in place, hold  
&5            Step slightly back onto left (&), cross right over left  
6-7-8        Step left out to side, rock onto right in place, cross left over right

## QUARTER, HOLD, HALF, HOLD, AND HALF, FORWARD, HALF, QUARTER

9-10         Turning quarter left step back onto right, hold  
11-12        Turning half left step forward onto left, hold  
&13         Step forward onto right (&), pivot half left finishing with weight over left  
14-15-16    Step forward onto right, turning half right step back onto left, turning quarter right, step right out to side

## ROCK, HOLD, RECOVER, HOLD, AND CROSS, SIDE, BEHIND, SIDE

17-18        Step left over right on 45, hold  
19-20        Rock back onto right in place, hold  
&21         Step left out to side (&), step right across in front of left  
22-23-24    Step left out to side, step right behind left, step left out to side

## ROCK, HOLD, RECOVER, HOLD, AND CROSS, SIDE, BEHIND, QUARTER

25-26        Step right over left on 45, hold  
27-28        Rock back onto left in place, hold  
&29         Step right out to side (&), step left across in front of right  
30-31-32    Step right out to side, step left behind right, turning quarter right step forward onto right

## SWAY FORWARD, BACK, AND PUSH, HALF, WALK, WALK

33-34        Step forward onto left, hold  
35-36        Recover back onto right in place, hold  
&37         Step forward onto left in place (&), pushing off with left recover onto right in place starting half turn left  
38-39-40    Finishing half turn step forward onto left, step forward right, step forward left

## SWAY FORWARD, BACK, AND PUSH, HALF, WALK, WALK

41-42        Step forward onto right, hold  
43-44        Recover back onto left in place, hold  
&45         Step forward onto right in place (&), pushing off with right recover onto left in place starting half turn right  
46-47-48    Finishing half turn step forward onto right, step forward left, step forward right

## ROCK, HOLD, RECOVER, HOLD, AND QUARTER, FORWARD, HALF, FORWARD

49-50        Step left out to side, hold  
51-52        Recover onto right in place, hold  
&53         Step left behind right (&), turning quarter right step forward onto right  
54-55-56    Step forward onto left, pivot half turn to right finishing with weight over right, step forward onto left

## **ROCK, HOLD, RECOVER, HOLD, AND QUARTER, FORWARD, HALF, QUARTER**

- 57-58 Step right out to side, hold  
59-60 Recover onto left in place, hold  
&61 Step right behind left (&), turning quarter left step forward onto left  
62-63-64 Step forward onto right, pivot half turn to left finishing with weight over left, turning quarter left step right out to side

## **REPEAT**

### **TAGS:**

**Dance two sequences of dance (end up facing the starting wall) then add the next 12 counts:**

- 1-4 Step forward onto left, hold, rock back onto right in place, turning half left step forward onto left  
5-8 Step forward onto right, hold, rock back onto left in place, turning half right step forward onto right  
9-10 Step forward onto left, pivot half turn right finishing with weight over right  
11-12 Step forward onto left, pivot half turn right finishing with weight over right

**Dance two more sequences of dance (end up facing the starting wall) then add the next four counts:**

- 1-2 Step forward onto left, pivot half turn right finishing with weight over right  
3-4 Step forward onto left, pivot half turn right finishing with weight over right

**Dance the next sequence up to count 32, hold for four counts, then carry on from 33 to end of music.**

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