

# Bengawan Solo

拍數: 32      牆數: 1      級數: Beginner  
編舞者: Chen Kuo-Wei (SG)  
音樂: Bengawan Solo - Grace



"Bengawan Solo" is the Malay name of a river in Indonesia.

## WALK FORWARD, TOUCH, WALK BACKWARD TOUCH

1-2            Walk left forward and right forward

**Arms for ladies: touch right fingers on right shoulders and left hand on left hip. Sway right shoulder forward when left foot is forward and vice versa.**

**Arms for guys: left fist on left hip, palm of right hand covering left fist. Sway right shoulder forward when left foot is forward and vice versa**

3-4            Left forward and touch right foot next to left (arms continue in same manner as above)

5-6            Step back on right foot, and step back on left foot (arms movements continue)

7-8            Step back on right, touch left toe to the front

**On count 8, turn head, look back over right shoulder, right hand pick up "imaginary flowers", throw & smile!  
Weight on right foot, left knee slightly popped (attitude!)**

## RHUMBA BOX

1-2            Step left foot forward, hold

3-4            Step right foot to right side, step left next to right

5-6            Step right foot backwards, hold

7-8            Step left foot to left side, step right next to left

## LEFT VINE TOUCH, RIGHT VINE TOUCH

1-2            Step left foot to left, cross right behind left

3-4            Step left foot to left, touch right foot next to left

**Arms for ladies: bring both hands up to shoulder level and throw "flowers"**

**Arms for guys: bring both hands up to shoulder level throw "seeds!"**

5-6            Step right foot to right side, cross left foot behind

7-8            Step right foot to right side, touch left foot next to right (arms movement: as above)

## STEP ½ TURN RIGHT, SHUFFLE, STEP ½ TURN LEFT, SHUFFLE

1-2            Step left foot forward, ½ turn on right

3&4           Step left forward shuffle left, right, left

5-6            Step right foot forward, ½ turn on left

7&8           Step right forward shuffle right, left, right (facing original wall)

## REPEAT

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