

Boiled Eggs

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kash Bane (UK)
音樂: Walk Away - The Egg



RIGHT SIDE MAMBO, BALL STEP, LEFT POINT, SNAKE LEFT, HIP BUMPS

1&2 Rock right foot out to right side, recover onto left foot, step right foot next to left
&3 Step left foot back slightly, step right in place
4 Point left toe to left side
5-6 Snake to the left and finish by pointing right toe to right side
7-8 Bump hips to the right twice

POINTS, HOOK, POINT, CROSS, UNWIND, BODY ROLL

1-2 Point right toe forward, point right toe to right side
3&4 Hook right foot behind left knee, step down on right foot, point left toe to left side
5-6 Cross left foot over right, unwind a ½ turn over right shoulder
7-8 Body roll downwards

STEP, SPIRAL, STEP, TOUCH, SNAKE BACK, TOUCH, HITCH

1-2 Step right foot forward, on ball of right foot make a full turn right while crossing left foot behind right shin
3-4 Step left foot to left side, touch right toe back
5-6 Snake back
7-8 Touch right toe back, hitch right knee while angling body to right diagonal

RIGHT SAILOR STEP, STEP, CROSS, TURN, STEP, ¼ LEFT MAMBO, TOUCH

1&2 Step right behind left, step left to left side and straighten up to main wall, step right to right side
&3-4 Step left foot back, cross right over left, make a ½ turn over right shoulder stepping left next to right
5 Step right foot forward
6&7 Make a ¼ turn right rocking left foot to left side, recover onto right foot, step left foot next right
8 Touch right foot next to left

REPEAT
