

# Bodyshakin'

拍數: 34      牆數: 4      級數: Intermediate  
編舞者: Hayley Marsh (UK)  
音樂: Bodyshakin' - 911



## LEFT CHASSE, BACK ROCK LEFT ¼ TURN, HIP ROLLS

1&2      Left to left side, right foot to it, left foot to left side  
3-4      Right foot behind left, recover on to left foot  
5-6      Step forward on right foot, turn ¼ left  
7-8      Circle hips to the right

## SAILOR STEP, RIGHT SHUFFLE, 2X VAUDEVILLE STEPS

9&10      Left foot behind right, right to right side, left foot slightly forward  
11&12      Right foot forward, bring the left to it, step right foot forward  
13&14&      Left foot over right, right foot to right side, left heel forward, left foot step together  
15&16&      Right foot over left, left foot to left side, put right heel forward, replace right foot

## ¼ TURN RIGHT, ¼ TURN RIGHT, LEFT SHUFFLE, RIGHT VAUDEVILLE

17-18      Step forward on left, turn ¼ turn right  
19-20      Step forward on left, turn ¼ turn right  
21&22      Step forward left, bring right to it, step forward left  
23&24&      Right over left, left to left side, put right heel forward, step right foot next to left

## LEFT VAUDEVILLE, LEFT ¼ TURN, LEFT ¼ TURN, HEEL JACKS TWICE, RIGHT VAUDEVILLE

25&26&      Left foot over right, right to right side, left heel forward, step left foot next to right  
27-28      Step forward on right foot, turn ¼ left  
29-30      Step forward on right foot, turn ¼ left  
31&32&      Put right heel forward, replace, put left heel forward, replace  
33&34&      Step right over left, left foot to left side, right heel forward, replace right next to left

**REPEAT**

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