

# Body Soul & Heart

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Janet Jolliffe (USA)  
音樂: Body, Soul and Heart - Cherie



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- 1-2      Rock forward on right, recover weight back to left  
3-4      Step back on right, hook left over right with left toes touching floor  
5      Step forward on left  
6&7      Triple forward stepping right, left, right
- 8-1      Step forward on left, pivot ½ turn to the right  
2-3      Step forward on left, touch right toes beside left  
4&5      Triple forward right, left, right  
6&7      Triple forward left, right, left
- 8&1      Mambo forward on right, recover weight to left, step back on left  
2&3      Mambo back on left, recover weight to right, point left toes to left side  
4-5      Point left toes to front, touch left toes to left side  
6-7      Step left beside right, kick right to front
- 8&1      Coaster step back right, left, forward on right  
2-3      Step forward on left, pivot ½ turn to the right  
4-5      Step forward on left, touch right beside left  
6-7      Step forward on right, pivot ½ turn to the left  
8      Kick right forward low on floor

**REPEAT**

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