

# Body Shimmy Boogie

**COPPER** **KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數:  
編舞者: Clinton Vince (UK)  
音樂: Hard On the Ticker - Tim McGraw



## STOMP INTO HIP BUMPS

1-4      Stomp right foot forward at 45 degrees as hips bump right, left, right, left

## SHUFFLE AND ROCK FORWARD

5-8      Right forward shuffle, rock weight forward on to left foot and back on to right foot in place

## BACKWARD SHUFFLES

9-12      Left backward shuffle, right backward shuffle

## STOMP INTO HIP BUMPS

13-16      Stomp left foot forward as hips bump left, right, left, right

## FORWARD SHUFFLE ½ TURN LEFT

17-20      Left forward shuffle, step forward on right foot, pivot ½ turn left

## KICKBALL CHANGE, OVER VINE ¼ TURN LEFT

21&22      Kick right foot forward, step the right foot next to left and step the left foot next to right foot

23-26      Cross step right foot in front of left foot, step left foot to left side, cross step right foot behind left foot, step ¼ on left foot to the left

## STOMPS AND TOE TOUCHES

27-30      Stomp right foot beside left and kick right foot forward, touch right toe to right side and step back on to right foot taking weight

31-34      Touch left toe to left side and step back onto left foot taking weight, touch right toe to right side and step back onto right foot taking weight

35-36      Touch left toe to left side and back to center beside right

## SYNCOPATED STEPS OUT & IN, STOMP & SHIMMY

37-38      Step to the right on right foot and step to the left on left foot, clap

39-40      Step home on right foot and step left foot next to right, clap

41-48      Stomp right foot forward and shimmy shoulders forward for four beats and back for four beats

## FORWARD SHUFFLES, HEEL SLAPS ¼ TURN LEFT

49-52      Right forward shuffle, left forward shuffle

53-54      Hitch right leg behind left and slap inside of right heel, pivot ¼ turn to left on left foot, swinging right heel to the right side and slap outside of right heel

## OVER VINE ¼ TURN LEFT

55-58      Cross step right foot over left, step left to left side, cross right behind left, step ¼ turn to left on left foot

## STOMPS AND SAILOR SHUFFLES

59-60      Stomp right foot beside left and then left beside right

61&62      Cross step right behind left and step left to left and right to right side

63&64      Cross step left behind right and step right to right side and left to left side

## REPEAT

