

Body Rockin'

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Patrick Fleming (USA)
音樂: Body Rockin Time - Christian Davis



SIDE & SIDE & SIDE 2 & SIDE & SIDE & SIDE 2

1& Touch right toe to right side-step right beside left
2& Touch left toe to left side-step left beside right
3-4& Touch right toe to right side-hitch/kick right-step right beside left
5& Touch left toe to left side-step left beside right
6& Touch right toe to right side-step right beside left
7-8& Touch left toe to left side-hitch/kick left-step left beside right

RIGHT-HOLD & LEFT-HOLD & SIDE-HOLD & SIDE-HOLD &

9-10& Touch right toe to right side-hold-step right beside left
11-12& Touch left toe to left side-hold-step left beside right
13-14& Rock right to right side-hold-step left beside right
15-16& Rock right to right side-hold-step left beside right

CROSS-HOLD & BEHIND & FRONT-SIDE ROCK-TURN TRIPLE LEFT

17-18& Cross right over left-hold-step left beside right
19&20 Cross right behind left-step left to left side-cross right over left
21-22 Rock to left on left-rock back onto right
23&24 Triple step left turning 2 to left (left-right-left)

CROSS-BACK & CROSS-STOMP-BODY ROLL-BODY ROLL (OR HIPS 2-3-4)

25-26 Cross step right over left-step back on left
&27-28 Hop onto right-stomp left over right-stomp right beside left
29-30 Two count body roll facing angle to left
31-32 Two count body roll facing angle to right

Variation for 29-32: Instead of body rolls you can shake hips right-2-left-2

REPEAT
