

Body Lotion

拍數: 32 牆數: 2 級數: Improver
編舞者: David Kopcych (USA)
音樂: Rub It In - Matt King



CROSS, SUGARFOOT, CROSS, SUGARFOOT, CROSS, POINT, TURN, POINT

- 1 Step right across left
2& Touch left toe to right instep, touch left heel to right instep
Allow right foot to swivel naturally on it's ball while doing this move
3 Step left across right
4& Touch right toe to left instep, touch left heel to right instep
Allow left foot to swivel naturally on it's ball while doing this move
5 Step right across left
6 Touch left toe to the left
7 Step left making a ¼ turn left
8 Touch right toe to the right

ROCK, TAP & KICK & KICK & TOUCH, TURN, HOLD

- 9-10 Rock back on right, recover to left
11& Tap right toe beside left foot, step right beside left
12& Kick left forward, step left beside right
13& Kick right forward, step right beside left
14 Touch left toe back
15-16 Turn ½ turn left ending with weight on right, hold

STEP SLIDE, SHUFFLE, ROCK STEP, COASTER STEP

- 17-18 Step left forward, slide right to left
19&20 Step left forward, step right beside left, step left forward
21-22 Rock forward on right, recover to left
23&24 Step back on right, step left beside right, step right forward

STEP, TURN, SHUFFLE, STOMP, HOLD, ¼ TURN WITH HIP ROLL

- 25-26 Step forward on left, make a ½ turn right on balls of both feet
27&28 Step left forward, step right beside left, step left forward
29-30 Stomp right foot forward, hold
31-32 On balls of both feet turn ¼ turn left (slowly) while rolling hips left

REPEAT
