

Body Language

拍數: 64 牆數: 4 級數: Beginner
編舞者: Glynn Rodgers (UK)
音樂: Slow - Kylie Minogue



KICK BALL STOMP, HEEL BOUNCE/TWISTS, ROCK TURN, COASTER STEP

- 1&2 Kick right foot forward, step right back in-place and stomp left foot forward
3&4 Bounce heels 3 times turning $\frac{1}{4}$ right (can be replace with three heel twists turning $\frac{1}{4}$ right)
5&6 Rock back right, recover weight onto left, turn $\frac{1}{2}$ left stepping forward right
7&8 Step back left, close right to left, step forward left

STOMP, CLAP, BODY ROLL, KICK & POINT TWICE

- 1-2 Stomp right forward slightly forward, clap hands once
3-4 Roll body to the left once
5&6 Kick right foot forward, step right in-place, point left toe to left side
7&8 Kick left foot forward, step left in-place, point right toe to right side

CROSS, UNWIND, ROCK & REPLACE TWICE, SAILOR $\frac{1}{4}$

- 1-2 Cross right over left, unwind $\frac{1}{2}$ turn over left shoulder
3&4 Rock back left, recover weight onto right, step left in-place
5&6 Rock back right, recover weight onto left, step right in-place
7&8 Step left behind right, step right back turning $\frac{1}{4}$ left, step left in-place

ROCK, RECOVER, HINGE TURN, ROCK & REPLACE TWICE

- 1-2 Rock right to right side, recover weight onto left
3 Make $\frac{1}{2}$ turn left stepping right to left side
4 Make $\frac{1}{2}$ turn left stepping left to left side
5&6 Rock right over left, recover weight onto left, step right in-place
7&8 Rock left over right, recover weight onto right, step left in-place

CROSS, UNWIND, CHASSE, SAILOR $\frac{1}{2}$. STEP, SLIDE

- 1-2 Cross right over left, unwind full turn over left shoulder
3&4 Step right to right side, close left to right, step right to right side
5&6 Step left behind right turning $\frac{1}{4}$ left, step right forward turning $\frac{1}{4}$ left, cross left over right
7-8 Step right to right side, slide left foot to right foot

OUT, IN, OUT, CROSS, BACK, SIDE, CROSS SHUFFLE, MAMBO

- 1&2 Point left to left side, touch left in-place, point left to left side
3&4 Cross left over right, step back left, step left to left side
5&6 Cross right over left, close left to right, cross right over left
7&8 Rock left to left side, recover weight onto right, step left beside right

MODIFIED MONTEREY SAMBA, CHASSE, ROCK, RECOVER

- 1-2 Touch right to right side. On ball of left make $\frac{1}{2}$ turn right, stepping right beside left
3&4 Rock left to left side, recover weight onto right, cross left over right
5&6 Step right to right side, close left to right, step right to right side
7-8 Rock back left, recover weight onto right

SHUFFLE $\frac{1}{2}$, ROCK, RECOVER, CROSS, UNWIND, ROCK & STEP

- 1&2 Shuffle step forward making $\frac{1}{2}$ turn right, stepping - left, right, left
3-4 Rock back right, recover weight onto left

5-6 Cross right over left, unwind $\frac{3}{4}$ turn over left shoulder
7&8 Rock back left, recover weight onto right, step forward right

REPEAT
