

Body Language

拍數: 44 牆數: 4 級數: Improver
編舞者: Scarlett Yates (USA)
音樂: Steam - Ty Herndon



KICK AND TOUCH, KICK AND TOUCH, CROSS, TURN, SLIDE

1&2 Kick right foot straight forward, bring right back to left while touching left toe to left side
3&4 Kick left foot straight forward, bring left back to right while touching right toe to right side
5-6-7&8 Cross right over left, full turn to right, long slide to right

KICK AND TOUCH, KICK AND TOUCH, CROSS, TURN, SLIDE

1-8 Repeat the previous 1-8, swapping all right for left and vice versa

PAUSE, SPREAD LEGS, BODY ROLL, ROGER RABBIT

1&2 Pause, step side right, step side left
3-4 Body roll
5-6-7&8 Roger Rabbit (swing right leg behind left, left behind right, right behind left and ½ turn to right)

TOOTSIE ROLL RIGHT, TOOTSIE ROLL LEFT, TOOTSIE ROLL BOTH, CROSS AND TURN

Feet should be slightly apart for counts 1-6

1-2 With weight on left foot, roll right knee in and then out to right side
3-4 With weight on right foot, roll left knee in and then out to left side
5-6 With weight on both feet, roll both knees inward and then out
7-8 Step right across left and turn ½ turn

SHOULDER DIPS, KICK, SHOULDER DIPS, KICK

Feet should be slightly apart and arms held loosely for these 8 counts

1-4 Dip shoulders right, left, right and kick left foot out to the left side
5-8 Dip shoulders left, right, left and kick right foot out to the right side

CROSS, TURN

1-4 Cross right over left and turn ¾ turn to second wall

REPEAT
