

Body Language

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Body Language - Ronnie Beard



SIDE STRUT STEPS

- 1-2 Step right toe to right side; lower heel to floor and snap fingers
- 3-4 Cross-step left toe to right side; lower heel to floor and snap fingers
- 5-6 Step right toe to right side; lower heel to floor and snap fingers
- 7-8 Cross-step left toe to right side; lower heel to floor and snap fingers

PIVOT TURNS, LONG STEP

- 9-10 Step forward on right; pivot $\frac{1}{2}$ turn left (shifting weight to left foot)
- 11-12 Step forward on right; pivot $\frac{1}{2}$ turn left (shifting weight to left foot)
- 13 Step right foot a lonnnnggg step to the right
- 14-16 Turning $\frac{1}{4}$ left... Slowly drag left foot to right foot and shift weight to left foot

STROLL, FLIP TURN, STROLL, FLIP TURN

- 17-18 Step right foot forward; lock step left behind right heel
- 19-20 Step right foot forward; flip $\frac{1}{2}$ turn right (left foot should come off floor)
- 21-22 Step left foot forward; lock step right behind left heel
- 23-24 Step left foot forward; flip $\frac{1}{2}$ turn left (right foot should come off floor)

"MOON WALK"

Add a little attitude to this section by raising and lowering the appropriate shoulder as you raise and lower heels. Ladies adopt that "come hither" look by motioning the man to come to you as you do the moon walk

- 25-26 Step right toe back; hold
- 27-28 Lower right heel while raising left heel and sliding left toe back, hold
- 29 Lower left heel while raising right heel and sliding right toe back
- 30 Lower right heel while raising left heel and sliding left toe back
- 31 Lower left heel while raising right heel and sliding right toe back
- 32 Lower right heel while raising left heel and sliding left toe back
- & Lower left heel

REPEAT
