

# Blue Velvet

拍數: 32      牆數: 4      級數: Improver  
編舞者: Val Hamby (UK)  
音樂: I Know a Heartache - Jo Dee Messina



## KICK BALL CHANGE, ¼ TURNS

1&2      Kick right foot, weight on ball of right foot, weight back onto left foot  
3&4      Kick right foot, weight on ball of right foot, weight back onto left foot  
5-6      Step right foot forward, pivot ¼ turn left  
7-8      Step right foot forward, pivot ¼ turn left

## STEP/ROCK, SHUFFLE RIGHT, ½ TURN

9-10      Step right foot forward, rock back on left  
11&12      Right shuffle turning ½ turn right, (right, left, right)

## STEP/ROCK, SHUFFLE BACK

13-14      Step left foot forward, rock back on right  
15&16      Shuffle back (left, right, left)

## KICKS, SAILOR STEP

17-18      Kick right foot forward, kick right to right diagonal  
19&20      Cross right foot behind left foot, step left to left side, step right in front of left

## POINT/ACROSS, ½ UNWIND, HOLD

21-22      Point left toe to left side, step left foot across right  
23-24      Point right toe to right side, step right foot across left  
25-26      Point left toe to left side, step left foot across right  
27-28      Unwind ½ turn to right, weight on left, hold for one count

## ROCKS, ¼ TURN

29-30      Step right foot to right side rocking to right, rock side on left  
31-32      Step forward on right, rocking to right, ¼ turn left, rocking onto left

## REPEAT

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