

# Blue Train

**COPPERKNOB**  
STEPPERS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: R.J. Walker (USA)  
音樂: Blues for Dixie - Lyle Lovett & Asleep at the Wheel



## ROCK-STEP, STEP, HOLD

1-2      Left rock-step to left side, right rock-step back in place  
3-4      Left step (slightly in front of right), hold

## ROCK-STEP, STEP, HOLD

5-6      Right rock-step to right side, left rock-step back in place  
7-8      Right step (slightly in front of left), hold

## WALK, WALK, SHUFFLE

1-2      Two steps forward (left-right)  
3&4      Left shuffle forward (left-right-left)

## ROCK-STEP, STEP, HOLD

5-6      Right rock-step forward, left rock-step back  
7-8      Right step back, hold

## STEP, CROSS, STEP, HOLD

1      Left step back  
2      Right step back across left (lock step feet together)  
3-4      Left step back, hold

## STEP, CROSS, STEP, HOLD

5      Right step back  
6      Left step back across right (lock step feet together)  
7-8      Right step back, hold

## STEP, CROSS, TURN, CLAP

1      Left step side (even with right foot and apart)  
2      Cross right foot over left  
3-4      ½ turn left (weight change to right foot), clap

## LEFT SHUFFLE, RIGHT SHUFFLE

5&6      Left shuffle (left-right-left)  
7&8      Right shuffle (right-left-right)

## LEFT MONTEREY TURN

1-2      Point left foot out to left side, bring left foot back in while making ½ turn left  
3-4      Right foot out to right, bring right foot back together (changing weight to the right)

## LEFT SHUFFLE, RIGHT SHUFFLE

5&6      Left shuffle (left-right-left)  
7&8      Right shuffle (right-left-right)

## LEFT CROSS, RIGHT TURN, RIGHT CROSS, STEP

1-2      Left cross over right at the ankle, right ½ turn (shifting weight to left foot)  
3-4      Right cross over left at the ankle, left step to the left

**RIGHT ¾ TURN, STEP, RIGHT SHUFFLE**

&5-6 With weight on ball of left foot, do a ¾ turn right shoulder back, finishing with a right step on 5, then left step forward

7&8 Right shuffle (right-left-right)

**REPEAT**

---