

Blue Rodeo

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Rob Gent (CAN)
音樂: Blue Rodeo - The Woolpackers



HEEL & TOE, SLIDE TO THE RIGHT (THIS IS YOUR STARTING 12 O'CLOCK WALL)

- 1 Touch right heel forward (approximately 2" ahead of left toe)
- 2 Hold
- 3 Touch right toe back (approximately 2" behind left heel)
- 4 Hold
- 5 Big step to right side
- 6 Begin sliding left toe to right instep
- 7 Continue sliding left toe to right instep
- 8 Touch left toe next to right instep

HEEL BALL CROSS, BALL CROSS, STEP TOUCH

- 9 Touch left heel forward (approximately 2" ahead of right toe)
- 10 Step ball of left foot straight back so left toe is parallel to the back of right heel
- 11 Step right foot across and to left of left foot
- 12 Step left ball to left side
- 13 Step right foot across and to the left of left foot
- 14 Step left foot to left side
- 15 Touch right toe next to left instep
- 16 Hold

DIAGONAL STEP SLIDE STEP, FORWARD TOGETHER BACK

- 17 Step right foot forward and to right side (approximately 1:30) still facing toward 12 o'clock
- 18 Slide left foot behind and to right side of right foot (lock step)
- 19 Step right foot forward and to right side (approximately 1:30) still facing toward 12 o'clock
- 20 Hold
- 21 Step left foot forward
- 22 Step right foot next to left foot
- 23 Step left foot back
- 24 Hold

BACK TOE HEELS, BACK TOGETHER FORWARD

- 25 Touch right toe back
- 26 Drop right heel and clap hands at chin level (weight should now be on your right foot)
- 27 Touch left toe back
- 28 Drop left heel and clap hands at chin level (weight should now be on your left foot)
- 29 Step back on your right foot
- 30 Step left foot next to right foot
- 31 Step forward on your right foot
- 32 Hold

ROCK STEP & SWING, STEP SLIDE STEP

- 33 Step left foot to left side
- 34 Rock back to right turning right foot ¼ turn to right & hitching left knee (face 3 o'clock)
- 35 Continue to swing ¼ to right
- 36 Finish swinging to right (you are now facing 6 o'clock with left knee still raised)
- 37 Step left foot forward toward 6 o'clock

- 38 Slide right foot behind and to left of left foot (lock step)
- 39 Step left foot forward
- 40 Hold

STEP, TURN, STEP, TURN TOUCH

- 41 Step right foot forward
- 42 Hold
- 43 Pivot 1 /2 turn to the left on the balls of both feet shifting weight to left foot (facing 12 o'clock)
- 44 Hold
- 45 Step right foot forward
- 46 Pivot ¼ turn to the left shifting weight to left foot(facing 9 o'clock, your new 12 o'clock wall)
- 47 Touch right toe next to left instep
- 48 Hold

REPEAT
