

The Blue Page Walk

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner straight rhythm
編舞者: Max Perry (USA)
音樂: The Blue Pages - Noah Gordon



MONTEREY TURNS

- 1-4 Step left to left side, rock weight onto right foot, pivot ½ turn to the right, ending with left foot out to side, touch left foot together
- 5-8 Step right to right side, rock weight onto left foot, pivot ½ turn to the left, ending with right foot out to side, touch right foot together

HITCH AND TURN

- 9-12 Step forward left, hitch right knee, step back right, step left together
- 13-16 Right foot rock step forward & across left, left step in place, turn ½ right as you step forward with right, step left together

HEEL WALKS, MILITARY TURNS

17-20 Strut forward, right heel, right toe, left heel, left toe

- 21-24 Step forward on right foot, pivot ½ turn to left, step forward on right foot, pivot ½ turn to left

VINE AND TURN

- 25-28 Grapevine right with ¼ turn right, scuff left heel forward
- 29-32 Step back with left foot, back with right foot, cross left foot behind right foot & twist ½ turn left on balls of feet, end with feet together with weight on your right foot.

REPEAT
