

# Blue Monday

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數:  
編舞者: Mike Sliter (USA)  
音樂: Blue Monday - Delbert McClinton



## HEEL & TOE TOUCHES; BRUSH STEPS

- &1-2      Step back on right foot; touch left heel forward; hold
- &3-4      Step left foot next to right; step forward on right foot; hold
- 5-6      Step forward on left foot; brush right foot forward
- 7-8      Brush right back and across left; touch right toe next to left (on the left side of left foot)

## ¼ TURNS & TOUCHES; ½ TURNING JAZZ SQUARE

- 1-2      Step forward on right foot into ¼ turn to the right; touch left toe next to right
- 3-4      Step into ¼ turn left with left foot; touch right toe to the right side
- 5-6      Cross right over left; step back on left foot
- 7-8      Turn ½ turn to the right on right foot; step forward on left foot

## ¼ TURNS & TOUCHES; ½ TURNING JAZZ SQUARE

- 1-2      Step forward on right foot into ¼ turn to the right; touch left toe next to right
- 3-4      Step into ¼ turn left with left foot; touch right toe to the right side
- 5-6      Cross right over left; step back on left foot
- 7-8      Turn ½ turn to the right on right foot; step forward on left foot

## HEEL & TOE TOUCHES; BRUSH STEPS

- &1-2      Step back on right foot; touch left heel forward; hold
- &3-4      Step left foot next to right; step forward on right foot; hold
- 5-6      Step forward on left foot; brush right foot forward
- 7-8      Brush right back and across left; touch right toe next to left (on the left side of left foot)

## STOMP; SIDE-TOGETHER-SIDE; ROCK; ¼ TURN; TOUCH

- 1-2      While still crossed, pick right foot up and stomp down; hold
- 3&4      Step left to the side; step right next to left; step left to the side
- 5-6      Rock back on right foot; rock forward onto left foot
- 7-8      Step into ¼ turn right; touch left toe next to right foot

## COASTER; BRUSH; TAP; ¼ TURN & TAP

- 1-2      Step back on left foot; step right next to left foot
- 3-4      Step forward on left foot; brush forward with right foot
- 5-6      Step forward on right foot; tap left toe behind right foot
- 7-8      Step left foot forward into ¼ turn right; tap right toe behind left foot

## SIDE STEPS WITH HOLDS; ¼ TURN LEFT

- 1-2      Step right foot to the right side; hold
- &3-4      Step left foot next to right; step right foot to the right side; hold
- 5-6      Step left into ¼ turn left; hold
- &7-8      Step right foot next to left; step forward on left; hold

## ¼ JAZZ SQUARE; PADDLE TURNS TO THE LEFT

- 1-2      Cross right foot over left; step back on left foot
- 3-4      Step right foot ¼ turn to the right; step left foot next to right (weight is on left)
- &5&6      Step slightly forward on right and quickly turn ¼ to the left; (&6) repeat count &5

&7&8 Repeat counts &5 &6 (weight ends on left foot)

**REPEAT**

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