

Blue Lights

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Grant Gadbois (CAN)
音樂: House of the Blue Lights - Asleep at the Wheel



VINE LEFT, STEP RIGHT FORWARD

1-3 Vine: step left to left, cross right behind left, step left to left
4 Step right forward

½ PIVOT, STEP FORWARD, ROCK BACK, STOMP DOWN

5 ½ pivot left onto left
6 Step right forward
7 Rock back onto left
8 Stomp down right beside left

SWIVET RIGHT TWICE

9 With weight on left ball and right heel, turn left heel out to left and right toe out to right turning body comfortably to the right
10 Return to center with weight equal on both feet
11-12 Repeat 9-10 (right swivet)

TOUCH BACK, CLAP, ¼ PIVOT LEFT, CLAP

13-14 Touch back with left toe/ball, hold position and clap
& Pivot ¼ left on balls of both feet
15-16 Put left heel down with weight on entire left foot while lifting right heel slightly, hold position and clap

STRUT FORWARD: RIGHT HEEL, TOE, LEFT HEEL, TOE

17-18 Step right heel forward, snap right toe down
19-20 Step left heel forward, snap left toe down

KICK, KICK, STEP BACK, TOUCH BACK

21-22 Kick right forward 6-8" off floor with pumping action twice
23 Step back onto right
24 Touch back with left toe tip

CHARLESTON: STEP FORWARD, KICK, STEP BACK, TOUCH BACK

25 Step left forward
26 Kick right forward 6-8" off floor
27 Step back onto right
28 Touch back with left toe tip

STEP FORWARD TURNING ¼ RIGHT, TOUCH, STEP, TOUCH

29 Step left forward turned ¼ right (body also turns ¼ right)
30 Touch right toe/ball in front of left
31 Step right to right
32 Touch left toe/ball in front of right

REPEAT