Blue Jean Bop



拍數: 32 牆數: 4 級數: Improver

編舞者: Anita Ellison (UK)

音樂: Bluejean Bop - Paul McCartney



RIGHT KNEE IN, OUT, IN. POINT RIGHT TOE TO SIDE. POINT LEFT TOE TO SIDE, LEFT KNEE IN, OUT,

IN

1-2-3 Swing right knee in across left knee, out, and in

4 Point right toe to right side

&5 Bring right foot in next to left and point left toe to left side

6 Swing left knee in across right 7-8 Swing left knee out and in.

HEEL SWITCHES RIGHT, LEFT RIGHT. HOLD. RIGHT VINE WITH A 1/4 TURN RIGHT AND A LEFT SCUFF

&9 Bring left foot next to right foot and dig right heel out diagonally to the right

&10 Bring right foot back to place and dig left heel out diagonally left

&11 Bring left foot next to right foot and dig right heel out diagonally to the right

12 Hold

13-14-15 Step right to side, step behind with left and step to right with right foot making a ¼ turn to the

right

16 Scuff left foot forward

STEP LEFT. ½ PIVOT RIGHT. STEP LEFT. SCUFF RIGHT. STEP RIGHT. ½ PIVOT TURN LEFT. STEP RIGHT FOOT FORWARD. HOLD

17 Step forward onto left foot

18 ½ pivot turn to the right transferring weight onto right foot

19 Step forward left

Scuff right foot forwardStep forward onto right foot

22 ½ pivot turn to the left transferring weight onto left foot 23 Step right foot forward (keeping weight on left foot)

24 Hold

HIP BUMPS RIGHT, LEFT, RIGHT, LEFT. STEP RIGHT. SCUFF LEFT. STEP FORWARD LEFT. STEP RIGHT FOOT NEXT TO LEFT

25-28 Bump hips diagonally to the right, left, right, and left

29 Step onto right foot 30 Scuff left foot forward 31 Step onto left foot

32 Step right foot next to left foot

REPEAT